

THE TRAINING CONSORTIUM

delivering learning to the North West

Community Learning courses for mental health



Wigan
Council

Funded by



mental health

community learning

Courses have been developed in partnership with local health and mental health service providers and complement existing recovery routes. Learners have noted self-evidence of recovery such as impacts on their confidence, life satisfaction, social relationships and self-worth.

“On the first day I had to bring my mum with me because I was so scared and suffering from depression. The tutor was brilliant and gave me such confidence that I was able to go onto the job search site myself and apply for a job. I got the job and am now working as a carer.”

A vast array of courses are available to support progression relevant to personal circumstances and are particularly beneficial for anyone suffering from depression, anxiety or sleep disorders.

Cost

Courses are free for learners in receipt of job seekers allowance, employment and support allowance or universal credit.

Location

Courses are available at various venues across Wigan borough.

To Book a Place

For more information or to book a place on a course call 01942 489758 or visit www.wigancommunitylearning.com

The Training Consortium

The Training Consortium has many years of combined experience in delivering Community Learning throughout Wigan and Leigh. It supports adults and families in their local communities to access and progress their learning and employability prospects.

Our partners; Bedford High School, Joining Communities, Lowton C of E High School and Westleigh High School.

