Safeguarding Adults
Everybody’s Business

Learning and Development Brochure 2023
Wigan Safeguarding Adults Board (WSAB) has a priority to ensure that we have the right people with the right skills in our local area. This brochure has been produced to support individuals to access online and virtual training to safeguard adults.

If you cannot find something that you need, please email Wigan Safeguarding Adult Board and we will try our best to help WSAB@wigan.gov.uk

Wigan Council Social Care staff can access further information about continuous professional development by visiting My Development Toolkit. Wigan Council staff can also access a wide range of free e-learning which is relevant to safeguarding adults via My E-Learning.

Our health colleagues can access further training opportunities via the NHS Employers’ Site and the E-Learning for Health Care Site.

The College of Policing also has a wide range of information and learning for those employed by Greater Manchester Police (GMP).

Social Care providers and Community Groups can access further training opportunities through Skills for Care and SCIE.

Due to the ongoing situation with Covid-19, most of the face-to-face training is currently being delivered by MS Teams. We will still try and deliver the Eyes and Ears and Tier Training face to face, to smaller groups, in line with Covid-19 safe arrangements.
Connect 5 Mental Wellbeing

This learning helps you build your skills and confidence to have mental wellbeing conversations. It is a practical and interactive mental wellbeing training programme, designed to help you help people manage their stress and distress, build emotional resilience and mental wellbeing by making positive change.

Previous attendees have said:

“I’m only at session 2 of 3 so far but can honestly say that it’s the most meaningful training I’ve attended in year. It’s not over complicated, it’s easily transferrable and suitable for most clients we work with, within our teams and even in personal life.”

“I really did enjoy the course and it will definitely help me in the future with the day to day with the general public and my fellow colleagues with the way everything is going at the moment with the cost of living etc.”

“Thank you for a fantastic session. Very informative and relatable. I have used some of the techniques already on both myself and a colleague.”

This training is made up of 3 sessions and you must complete each session in sequential order.

To book your place please click on the Eventbrite links below.

**Session 1**

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<th>Date</th>
<th>Time</th>
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<td>Thursday 21st September, 2023</td>
<td>10:00 - 1:30</td>
<td>Committee Room 2, Leigh Town Hall</td>
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### Session 2

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### Session 3

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For more information contact:  jo.norton@wigan.gov.uk

**Domestic Abuse – Identifying Coercion and Control**

This training is delivered by Wigan DIAS and helps practitioners to understand that not all abuse is obvious or has an immediate impact and develop an understanding of what coercion and control is. *(To secure a place on this session the domestic abuse E-learning must have been completed prior to attending to ensure a level of baseline knowledge for all participants.)*

Various dates are available, see the Eventbrite link for further details and booking information:  
[https://www.eventbrite.co.uk/e/205644898427](https://www.eventbrite.co.uk/e/205644898427)

**Domestic Abuse- The affects abuse has on children and parenting styles**
This training is delivered by Wigan DIAS and explores the affects abuse has on children and parenting styles. (To secure a place on this session the domestic abuse E-learning must have been completed prior to attending to ensure a level of baseline knowledge for all participants.)

Various dates are available, see the Eventbrite link for further details and booking information:

https://www.eventbrite.co.uk/e/how-abuse-effects-children-and-parenting-styles-for-professionals-tickets-603525108847

**Domestic Abuse- How to complete a DASH and what is a MARAC?**

This training is delivered by Wigan DIAS and helps practitioners to understand what a MARAC is and how this supports victims of domestic abuse and be able to complete a factual & informative DASH. (To secure a place on this session the domestic abuse E-learning must have been completed prior to attending to ensure a level of baseline knowledge for all participants.)

Various dates are available, see the Eventbrite link for further details and booking information:

https://www.eventbrite.co.uk/e/205623725097

**Domestic Abuse Champions Training**

This is a full day training course to enable you to be the first point of contact for any domestic abuse related enquiries within your organisation.

Please see the Eventbrite link for further details and booking information:

https://www.eventbrite.co.uk/e/603441689337

**Effective Safety Planning**

This training will provide you with an understanding of the different types of safety plans and how to help write one effectively.

Please see the Eventbrite link for further details and booking information:

https://www.eventbrite.co.uk/e/603560133607

**Greater Manchester Fire and Rescue Service- Home Fire Safety Training**

This training is delivered by GMFRS and is aimed at partner organisations. There are two training courses available. Option one is a 90-minute online option delivered on Microsoft Teams to equip partners to identify people at increased risk of fire, amongst their service users, and refer them for a Home Fire Safety Assessment (HFSAs). HFSAs are home visits to assess and reduce the risk of fire in the home.
Option two is a half-day session delivered at our Safety Centre in Bury. It provides the same learning as option one but also provides learners with an immersive input on fire safety in the home, including the five main causes of fire, bedtime routines and escape planning. This is delivered in a mock home environment at the Safety Centre.

For further details and booking information please click on the link below.

Fire Safety in the Home Training - Greater Manchester Fire Rescue Service

Eyes and Ears (Half Day)

This training is aimed at any staff member or volunteer who work for a community/voluntary organisation and require an awareness of safeguarding to undertake their role.

The learning outcomes are:

- To understand what safeguarding is, the issues that we face in the Wigan Borough and how everyone can help to safeguard others.

This training is currently being delivered upon request. The organisation lead would be required to email wsabtraining@wigan.gov.uk to request further information about this training session and book delegates onto the course.

Hoarding Awareness (2.5 hours)

This course will provide delegates with an understanding on what hoarding actually is, why people hoard and what individuals can do to help someone who is showing signs of hoarding. Delegates will also explore the impact of hoarding behaviours on other family members.

The learning outcomes are:

- You will understand why hoarding is not a lifestyle choice.
- You will know what to do if you think someone has hoarding behaviours.
- You will know how to signpost to offer support including whether you need consent to do so.
- You will understand why enforced clear outs does not work.

Please click on the Eventbrite link to book your place.

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Understanding Hoarding (Full Day)

PLEASE NOTE: You will need to have been on the Hoarding Awareness half day session before you can attend this more in-depth training.

This more in-depth course will give you the tools to effectively support people who are living with hoarding and clutter issues.

The learning outcomes are:
• Know how to put in place effective strategies that support positive change
• You will be able to support people address their long-term habits
• You will be able to create unique and individual support plans
• You will have the opportunity to discuss cases you are actively working on

Please click on the Eventbrite link to book your place.

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Best Practice for Hoarding (2.5 Hours)

This course follows on from Hoarding Awareness and Understanding Hoarding. It covers the more practical skills needed to support people with hoarding issues.

It includes:

- Professional curiosity
- What if help isn’t being accepted?
- Risk assessments
- Motivational interviewing
- De-cluttering techniques
- Maintenance/After care
- Looking after yourself as a worker

Please click on the Eventbrite link to book your place.

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Professional Curiosity (Half Day)

This training is aimed at professionals across the partnership.

The learning outcomes are:

- To understand what is meant by professional curiosity.
- To identify practice issues related to lack of professional curiosity.
- To identify the barriers and feel more confident in applying a trauma informed approach in practice.
• To understand and apply the learning from Safeguarding Adult Reviews (SARs) where lack of professional curiosity has been identified.

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**Level 3 Safeguarding Adults (Half Day)**

This training is aimed at professionals from across the partnership who wish to develop an in-depth awareness of current and national safeguarding issues. **Delegates are expected to have a well-developed understanding adult safeguarding prior to attending this learning session.**

The learning outcomes are:

- Understand practice issues which have been identified from national and local safeguarding adult’s reviews and know what good practice looks like.
- Develop an understanding of the legislation and guidance and how to apply it into practice.
- An awareness of the impact of trauma, when working with adults.

Please click on the Eventbrite link to book your place.

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**Tier Reporting Training (Half Day)**

This training is aimed at all practitioners who work in care and nursing homes.

The learning outcome are:

- To give participants who work in frontline adult services a good understand of the Tier Reporting System and how this should be used in their role.

This training is currently being delivered upon request. Please email wsabtraining@wigan.gov.uk to request further information.

**Trauma and Resilience Level 2**
This half-day event supports delegates to understand trauma across the life course and its impact on individuals. This session also explores how we can support clients to build resilience and protective factors to mitigate their impact through trauma informed practice.

The learning outcomes are:

- Increased awareness of how trauma impacts on behaviours and life choices.
- Increased awareness of toxic stress, the adverse childhood experiences study and trauma across the life course.
- Increased awareness of neuroscience research in relation to trauma.
- Increased awareness of how we can build resilience and help people to heal and recover, through Trauma Informed Practice.
- Increased awareness of the impact of vicarious trauma.

Please click on the Eventbrite link to book your place.

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**Persons in a Position of Trust (1 hour)**

This training is aimed at all professionals working with adults and children.

The learning outcomes are:

- It provides an overview of Wigan Council’s PIPOT policy and procedures.
- How to make a referral, historical information about how cases were managed prior to the Care Act 2014 and what to expect from the PIPOT meeting.

This training is currently being delivered upon request and to audiences of 12 participants or more. Please email [wsabtraining@wigan.gov.uk](mailto:wsabtraining@wigan.gov.uk) to request further information.

**WRAP (Workshop to Raise Awareness of Prevent) (Half Day)**

This training is aimed at all practitioners from across the partnership.

The learning outcomes are:

- Raise awareness of the PREVENT Strategy, understand how radicalisation happens and identify appropriate safeguarding referral processes including CHANNEL.

Please email [wsabtraining@wigan.gov.uk](mailto:wsabtraining@wigan.gov.uk) to request further information regarding this training.
WSAB have developed several 1-hour Lunch and Learn training sessions. These will be delivered by experienced practitioners, and they have been designed to support your professional development, in a range of areas relevant to safeguarding adults.

Please use the Eventbrite link to secure your place

Domestic Abuse- An Introduction to the S.A.V.E.D Model

S.A.V.E.D is a simple, effective process model which will enable you to identify, safeguard and support victims of domestic abuse in 5 steps. This session is delivered by DIAS.

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### Resolution Protocol

This Lunch and Learn will help partner agencies positively resolve issues or challenges and ensure adults and families at risk of abuse or neglect get the support they need at the right time.

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### Self-Neglect

This session will provide staff with a brief overview of how to recognise and support someone who is self-neglecting and top tips as to how they can be supported.

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### Hoarding
This session will provide attendees with a brief overview of how to recognise and support someone who is hoarding and top tips as to how they can be supported.

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**E-Learning**

*Please note: Wigan Safeguarding Adults Board is not responsible for the content of external websites.*

**Critical Thinking Skills**

**Logical and Critical Thinking** This free course is for anyone with an interest in improving their critical thinking skills.

**Responding to Disclosures**

This Training video is approximately 9 minutes long. It introduces good practice and effective ways of responding appropriately to disclosures of abuse. The video is suitable for all workers who work directly with vulnerable adults.

[Safeeguarding Adults - Disclosure 2020 - YouTube](https://www.youtube.com)

**Cyber Security**

**Introduction to cyber security: stay safe online** Open Learn have produced this free online course, which will help you to understand online security and start to protect your digital life, whether at home or work. You will learn how to recognise the threats that could harm you online and the steps you can take to reduce the chances that they will happen to you.
Friends Against Scams National Trading Standards have produced this online learning, so that anyone can learn about the different types of scams and how to spot and support a victim. With increased knowledge and awareness, people can make scams part of everyday conversation with their family, friends and neighbours, which will enable them to protect themselves and others.

Dementia

Dementia Awareness Social Care Institute for Excellence (SCIE) have created this e-learning course which aims to raise the awareness and skills of care staff who work with people with dementia.

Disability Awareness

Disability Basics Disability Matters have produced a number of e-learning packages which consider Safeguarding those with a Disability, Basic Awareness of disability and Building an Inclusive Society.

Domestic Abuse

Domestic Abuse- Wigan Borough Training This free training is for anyone who would like to increase their knowledge of domestic abuse.

Domestic Abuse / toxic trio The AVA Project have produced a number of free e-learning courses which explore the areas of Understanding Domestic Abuse, The Toxic Trio and Domestic Violence and Alcohol.

Domestic homicide review training front line practitioners The Home Office has produced this training for front line practitioners.

Understanding Animal Welfare in Violent Homes Virtual College have produced this free course which provides a basic understanding of what animal abuse is, how to spot the signs and understand the link between animal abuse and family abuse.

Female Genital Mutilation

Female Genital Mutilation A free online safeguarding training course developed for the Home Office by Virtual College.

Forced Marriage

Awareness of Forced Marriage A free course from Virtual College which has been developed with the Forced marriage Unit of the Foreign Office and aims to raise awareness, challenge perceptions and inform you of the correct actions to take should you suspect someone is at risk.
HONOUR BASED ABUSE

Karma Nirvana is a national charity which supports victims of honour-based abuse and forced marriage. They support and work with all victims and are running a series of free webinars on Tackling Virginity Myths, this explores the practice of virginity testing and challenges harmful perceptions linked to virginity that perpetuate Violence against Women and Girls.

KARMA NIRVANA EVENTS

MENTAL CAPACITY LAW AND POLICY- WATCH AND LEARN

A series of FREE webinars that you can watch anytime.

Capacity – the fundamentals
Best interests – the fundamentals
Deprivation of liberty – the fundamentals
Advance care planning – getting it right
Advance care planning – a conversation with Dr Mark Taubert (Part 1)

Mental Health

Improving the Health of Women, Children and Adolescents: from Evidence to Action. This free course allows participants to explore the latest research, priorities and debates about the health of mothers, children and adolescents.

MODERN SLAVERY

Modern Slavery The Home Office have produced a number of resources which can be found on this page, including the free online learning for anyone interested in increasing their awareness of how to spot the signs and report any concerns.

RADICALISATION

Counter Terrorism Awareness Counter Terrorism Policing have produced this online course to help you spot the signs of radicalisation and how to report your concerns.

Prevent The Education and Training Foundation have produced a number of free e-learning courses for practitioners and employers to raise awareness of the Prevent Duty.

Prevent Online Awareness course The Home Office have provided this e learning course which covers awareness of the Prevent duty.

Radicalisation and Channel The Home Office have produced a Channel e learning course which will allow you can recognise the signs of radicalisation and know what to do about it.
Sexual Health

Brook Learn e-learning website Brook have free courses available which raise awareness of the areas of consent and sexual behaviours.

Substance Misuse

Parental Substance Misuse Social Care Institute for Excellence (SCIE) have produced this free course which explores parental substance misuse, its effects on children and parenting capacity and the implications for social work practitioners.

Understanding drugs and addiction This free course explores how drug addictions develop and how they are best treated and prevented.

Suicide Prevention

Suicide Prevention - This training is designed to equip you with the appropriate skills and knowledge, we would like to encourage you to compete the ‘Learn to Save a Life’ 20-minute suicide prevention course provided by Zero Suicide Alliance. This training will help you identify when someone is presenting with suicidal thoughts or behaviour, to be able to speak out in a supportive manor and empower you to signpost to available services or support.

To find out more information about how we can improve mental health, please visit the Wigan Council website. Additional support services can also be accessed here.

Volunteer Training

Working in the voluntary sector The Open University have produced this free online course for anyone working in the voluntary sector which cover a wide range of subjects.

Learning Agreement

In order to register for WSAB training events you need to sign up to Eventbrite and by accessing this service you agree to the Terms of Service as set out by Eventbrite.

Wigan Safeguarding Adults Board will:

- Email you with handouts to print off before or after the training course.
- Provide you with up to date training in accordance with learning objectives set.
- Ensure that you are kept informed about your place and any changes which may arise.
• Ensure that special needs are met where possible.
• Discrimination and/or oppressive behaviour or language will be sensitively challenged.
• Listen to comments made through evaluation with a view to making changes to courses where appropriate.
• Create a safe learning environment where confidentiality will be maintained unless this impacts on the welfare of a child or adult at risk.
• Raise concerns which may arise during training with regards to practice.
• Evaluate and review courses on an annual basis.
• Carry out post training evaluation on some courses to determine the impact of training.

We expect delegates to:

• Print off and bring handouts if circulated prior to the training.
• Notify WSAB training by email (wsabtraining@wigan.gov.uk) if they are unable to attend a course five working days prior to the course date.
• To keep to time and notify the board by emailing us, if you are going to be late.
• To ensure that mobile phones are placed on silent or switched off during training.
• To contribute and be considerate of others in the group.
• To respect each other’s differences.
• To be vigilant about the health and safety of others and comply with any evacuation procedures as appropriate.
• Complete evaluation forms at the course as this is required as proof of your attendance.
• Complete follow-up evaluation as requested.

We expect line managers to:

• Assess their staff’s learning and development needs.
• Discuss and agree to the delegates’ application and attendance for relevant learning.
• Spend time with the staff member or volunteer after the course to facilitate learning into practice.
• Ensure that the staff member or volunteer is freed up from their day-to-day work to attend pre-arranged training.
• Escalate any concerns to the WSAB Workforce Development Manager
Karen Robinson- Workforce Development Manager

Julie Maloney- Adult Implementation Officer

You can contact us via email wsabtraining@wigan.gov.uk