



Adapted Bikes Available – Cycle Three Sisters 2023



Large Trike (Red)

Three-wheel bike. Low crossbar for easy access. Around the same height as an average adult bike. Good gear system so can travel quite fast.



Single Arm Bike

Using arms to pedal the bike. Ideal for those looking to improve their upper body strength. Can be used by wheelchair users who can transfer. Good for those looking to use a non-traditional bike.



Single Trike (Black)

Small three-wheel bike with lower back support, suitable for children ages approx. 5-11 years. Low crossbar for ease of access.



Small Trike (Purple)

Small three-wheel bike with lower back and torso support, suitable for children ages approx. 5-11 years. Low crossbar for ease of access.



Small Hand and Foot Cycle

Small three-wheel bike with hand and foot pedals connected. Suitable for children aged approx. 4-6 years. This bike is to enable children to use hands and feet to cycle and to encourage the cycling motion.



Velo+

A ramp on the front of the bike lowers to enable people who cannot or do not wish to transfer out of their own wheelchair to experience being on a bike. Carer pedals from bike behind.

Must have an accompanying adult in attendance.



Accompany Bike

A seat on the front allows for people to experience 'wind in their hair' without riding a bike. The cycle (behind) is pedalled, in a traditional bike manner.

Participant must be able to transfer to use this bike.



Large Red & Yellow Trike

Three-wheel bike. VERY high cross bar. Only advisable for tall adults who are comfortable on a fast bike. Due to its height this bike is less stable than the other two trikes.



Large Trike (Blue)

Three-wheel bike. Low crossbar for easy access. Around the same height as an average adult bike. Good gear system so can travel quite fast.