

Course Information

Course Title: Start Them Early	Number of Weeks: 5
<p>Course Description A friendly fun course for parents/carers and their babies 0 -12 months.</p> <p>Over the five weeks we will be exploring different ways of playing with your baby in order to support their learning and development. There will be a theme each week with linked toys, activities and resources to explore with your baby. You will have the opportunity to meet, chat and share ideas and experiences with other parents/carers. We hope to have fun playing games, taking part in quizzes and singing songs. There will be regular crafts to make and handouts to take home.</p>	
<p>Week 1 Introduction Round and Round - Warm welcome to everyone with introductions and discussion about the course aims and objectives. Action rhymes and play to encourage babies interest in roundness, circles, circular motion.</p> <p>Week 2 Hiding - Games and activities to develop thinking skills and object permanence and how to support and reduce baby's separation anxiety.</p> <p>Week 3 Let's Make Music - How listening skills develop. Fun listening games, music and rhymes.</p> <p>Week 4 Moving – How to support baby's with early milestones in movement and understand the importance of tummy time.</p> <p>Week 5 The Language Ladder - How babies learn to communicate and 'Top Tips for Talking.' Evaluation of the course and learning.</p>	
What previous experience or skills are required?	No experience needed
Assessment - Is there an assessment during or at the end of the course?	Every learner will complete an Individual Learning Plan (ILP) which sets out their learning and personal goals. The tutor will at regular intervals check progress made towards these learning goals and record this in their ILP.
Progression - What could the learner do next?	On to a further course offered by Start Well Centres or other Family Learning/Council run courses. Volunteering in Start Well Centres.
Equipment Required - What equipment do you expect the learner to provide?	None