

Course Information

<p>Course Title: Moving On</p>	<p>Number of Weeks: 12 Number of hours per week: 15 hours per week (3 hours per day)</p>
<p>Who is this course for?</p> <p>This course is for anyone aged 19+ who has issues around confidence, anxiety or barriers to employment and learning.</p> <p>This course has been specifically designed to be informal and laid back, delivered in local Startwell centres so we can help people access a course near home.</p> <p>The course will help learners to overcome <i>their</i> barriers to learning and you don't need any prior qualifications or experience to join. Our tutors will help you overcome <i>your</i> individual barriers to employment and learners can progress from this onto further courses or employment with more confidence, more direction and an action plan to help you achieve your goals.</p> <p><i>“Elysium’s tutors were brilliant. They were really laid back and the course helped me to sort out some problems I had and write an action plan to get back into work. Everyone was really friendly and it felt more like a group of friends than a class”</i></p>	
<p>What will I learn?</p> <p>Aim: To build confidence in dealing with problems in your life and develop an action plan to overcome those problems and work towards your goals.</p> <p>We want to help you develop yourself to move onwards and upwards, and we will look at your health and wellbeing as much as qualifications to help you personally and professionally.</p> <p>We will also plan and deliver a group activity to help others through a community project as part of the course.</p>	
<p>How will I know I have achieved?</p>	<p>Your tutor will develop an individual learning plan which will record what you have achieved over the course. You will also know if you have achieved if you leave the course feeling more confident in your future, with a clearer action plan and steps to move on!</p>
<p>How will I be assessed?</p>	<p>There is no exam. We will use workbook sheets to help you complete an action plan and identify your strengths, weaknesses, opportunities, and threats to succeeding. Our tutors will assess you informally</p>



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	<p>through discussions, question & answers and through you producing an action plan to succeed. The community action event will also demonstrate the team's ability to help others.</p>
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<p>Where can I go next?</p>	<p>After this course we will invite learners to undertake a basic digital skills course that will help people to access jobs online and to access information online. It is an entry level digital skills course where learners will be given a free tablet upon completion of the course that they can use moving forward to search for jobs, access online information and to stay in touch with friends and family through social media.</p>
<p>What do I need to bring?</p>	<p>All resources will be provided (Pen/Paper/Tablet etc)</p>
<p>What is the cost?</p>	<p>Free.</p>
<p>Will I have access to childcare?</p>	<p>No</p>
<p>Where is the course venue?</p>	<p>Startwell centres, TBC Learners should bring refreshments with them. Learners will have access to kitchen facilities and tea/coffee making facilities.</p>
<p>Who can I speak to for further information?</p>	<p>Lee Povah/Stacey Jones 01942 916 900</p>
<p>How do I enrol?</p>	<p>You can enrol over the 'phone by contacting: 01942 916 900.</p>