

Course Information

Course Title: Early Start	Number of Weeks: 5
<p>Course Description – A friendly fun course for parents/carers and their babies 0 -12 months. On this course you will have the opportunity to meet, chat and share ideas with other parents/carers. You will be able to explore a range of toys, resources and equipment that have been specifically selected to give you ideas on how to support your baby's early development. We begin each week with a welcome and introduce the weekly theme. This is followed by free play where you will be able to chat to other parents/carers; play with your baby; explore the toys/resources available; ask for ideas and advice; and simply enjoy having time away from the distractions of home. We will have fun playing games, taking part in quizzes, singing songs, listening to stories and all whilst learning and gaining new ideas to support your baby's development.</p>	
<p>Week 1 Introduction - Warm welcome to everyone with introductions and discussion about the course aims and objectives.</p> <p>Week 2 Sharing Books - The importance of reading to your baby and how it supports communication and linguistic development.</p> <p>Week 3 Colour and Counting - The development of visual skills and how playing games can support visual development.</p> <p>Week 4 Treasure Baskets - The importance of heuristic play and the use of 'Treasure Baskets'.</p> <p>Week 5 Messy Play – Exploring messy play resources to encourage baby's mark-making and motor skills. Evaluation of the course and learning.</p>	
What previous experience or skills are required?	No experience needed
Assessment - Is there an assessment during or at the end of the course?	Every learner will complete an Individual Learning Plan (ILP) which sets out their learning and personal goals. The tutor will at regular intervals check progress made towards these learning goals and record this in their ILP.
Progression - What could the learner do next?	On to a further course offered by Start Well Centres or other Family Learning/Council run courses. Volunteering in Start Well Centres.
Equipment Required - What equipment do you expect the learner to provide?	None