







Course Information Sheet

Course Title and level:	Number of Weeks 24
VTCT L2 Diploma in Complementary	
Therapies	Number of hours per week: 6
AC20402	-

Who is this course for? 19+ adults who would like to develop their knowledge of Complementary Therapies.

What will I learn? (Course aim and learning outcomes)

The aim of this course is to prepare you for a career in Complementary Therapies. This qualification will develop your knowledge and understanding of principles and practices and the clinical services and business awareness required for Complementary Therapies.

You will learn:

- Basic massage, reflexology, and pre-blended aromatherapy.
- Principles and practices of complementary therapies
- Clinical services and business awareness for complementary therapies
- Knowledge of anatomy and physiology for Complementary Therapies
- Basic massage therapy techniques for complementary therapies
- Basic Aromatherapy techniques using pre-blended oils.
- Basic reflexology techniques
- Importance of healthy eating and wellbeing for the Complementary Therapy client.

What previous experience or qualifications will I need?	No previous experience or knowledge is needed for this course
How will I know I have achieved?	Your tutor will develop an individual learning plan which will record what you have achieved over the course. You will complete a portfolio of evidence.
How will I be assessed?	Your tutor will plan assessment activities that will capture how you are progressing in the subject area. You will have 3 separate observations in reflexology, massage, and aromatherapy. You will complete 10 case studies in massage, reflexology and pre-blended









	aromatherapy, and written assignments. Exams in Anatomy and Physiology. There are 77 credits on this course and 7 units to complete.
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Where can I go next?	L2 Beauty Specialist L2 Nail Technology L3 Complementary Therapies L3 Aromatherapy
What do I need to bring?	Pen and paper
What is the cost?	This course is free if you are unemployed.
Will I need childcare?	This course will run term time only
Where is the course venue?	TBA
Who can I speak to for further information?	Please contact Lisa 01942 489758 or Jill 01942 489714. You can also email adultlearning@wigan.gov.uk
How and when do I enrol?	Enrol on the day.