

Possible Indicators of a Young Carer

For School Staff

Name of Student _____ Form _____

Student's Head of Year _____

Is the pupil:

- Often late or missing from school?
- Often tired, anxious or withdrawn?
- Having problems socially or with making friends? Conversely, do they get on well with adults and present themselves as mature for their age?
- Involved in inappropriate peer relationships?
- A victim of bullying? This is sometimes explicitly linked to a family member's disability, health or substance misuse.
- Depressed?
- Finding it difficult to concentrate on their work?
- Having difficulty in joining in with extra curricular activities or is unable to attend school trips?
- Displaying any emotional difficulties?
- Not handing in homework/coursework on time, or completing it late or to a low standard?
- Anxious or concerned to leave a family member?
- Display behavioural problems?
- Having physical problems such as back pain (perhaps from heavy lifting?)
- Secretive about home life?
- Showing signs of neglect or poor diet/poor hygiene/poor presentation?
- Isolated?
- Making constant excuses?
- Struggling to have aspirations for their future?
- Having difficulty accessing or participating in activities that require financial support?
- Presenting as having an extensive knowledge regarding a particular health need or illness?

Are parents (or another relative):

- Poorly, do they have an illness, physical/learning disability, mental ill health, substance misuse problem, sensory impairment, HIV/AIDS?
- Difficult to engage with?
- Not attending parents evening?
- Not communicating with school?

Thank you for taking the time to complete this questionnaire.