

Make Every Journey Safe: Check Your **Child's Car Seat**

Not every child seat fits every car or every child. It's essential to choose a seat that's right for your vehicle and suitable for your child's height and/or weight and age.

Free child car seat fitting clinics

We have car seat fitting clinics taking place across the borough to check that the car seat is fitted in the car correctly and the child is fitted in the seat correctly. To find out the next dates and for more child seat safety tips, visit Wigan Councils, Child Safety in Vehicles.

Family Hub Launch

hijbs You are invited you to the launch of The Family Hub at Standish, Shevington and Aspull Libraries.

family

- 22nd July 11-2pm Aspull Library
- 29th July 11-2pm Shevington Library

This is a great opportunity to see what a Family Hub is all about, how we support families from pregnancy right through to young adulthood, with practical help, advice and activities tailored to your needs.

For more information on visit family hubs.

WithYou Illegal vapes: Everything you need to know.

Not all vapes are safe - especially illegal vapes. These are untested, unregulated, and can contain way too much nicotine or even dangerous substances like Spice (a synthetic drug that can increase your risk of harm and cause overdose).

You can't tell what's inside your vape just by looking at it. If your vape has no proper branding or ingredient list, is suspiciously cheap, has over 600 puffs or hits way harder than usual it's probably an illegal vape.

Trying to guit smoking? Use a reusable vape from a trusted shop with clear ingredients lists.

Never smoked and using vapes for fun? The safest choice is not to vape at all.

Need someone to talk to? We're WithYou - confidential, judgement free support.

Call our Wigan and Leigh Young Persons Team on 01942 487578 or chat to us online for free at wearewithyou.org.uk

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For parents & **Carers**

Here for You Here For You Are you missing out on money?

It can be hard to know what financial support is out there, but you need to know we're here to help.

- Talk you through what your entitled
- Help you complete any forms
- Be a listening ear and helping hand

To find out what support you can access, visit Here For You.

Kooth



Helping young people stay safe on smartphones and online

Kooth are offering parents and carers this 30-minute webinar covering how you can encourage them to think about how they spend their time on social media platforms and how they can get help to deal with similar situations that they may find themselves in

For more support and to access the webinar visit Kooth.