



Pol-Ed



FREE PSHE resources available to keep children safe in Greater Manchester, funded by GMP and GMVRU.

Pol-Ed has been written by PSHE specialist teachers to be delivered by teachers and is quality assured by West Yorkshire Police for legal accuracy. The material fits the requirements of the PSHE and RSHE curriculum and is mapped against the PSHE Association objectives.

Pol-Ed offers a range of lessons, assemblies and Pol-Ed Passport lessons all taught live from the Pol-Ed website

For more information and to sign up, [visit Pol-Ed](#).

GMMH CAHMS Link

[Dealing with Anxiety for teens webinar.](#)



Smoking and Vaping prevention programme for Secondary Schools.

This free training course is a fantastic opportunity to access a fully resourced and evidence-based programme aimed at preventing smoking and vaping among young people. It is designed to be engaging, informative, and easy to implement within existing PSHE timetables.

The training will cover:

- The research that underpins INTENT
- How INTENT links to PSHE
- The constituent parts of INTENT
- The Personal Plan
- Sources of Information

We're really pleased to be able to offer this high-quality training at no cost to schools and look forward to supporting your team in delivering this important public health message.

For more information on [visit INTENT](#).

Available training dates, please only register on ONE session

- [Wednesday 2nd July 2025 - 3.30pm - 4.30pm After school](#)
- [Monday 7th July 2025 - 3.45pm - 4.45pm After school](#)
- [Tuesday 8th July - 8am - 9am Morning](#)
- [Monday 14th July 2025 - 12pm - 1pm](#)

June 2025
For Schools

FREE Toothbrushes & Toothpaste



The government has partnered with Colgate, who will soon be delivering **free toothbrushes for 3-5-year-olds** and **family toothpaste** over the next 5 years.

If your school would be interested in a supply, to be given to families to take home, please let the healthy schools team know, by emailing healthyschool@wigan.gov.uk

Healthy teeth and gums are important to children's development and learning, with poor oral health holding children back through school absence with tooth ache and in many cases impacting on good speech and language development. Tooth decay is entirely preventable and affects children more so in less affluent areas.

The healthy schools team support schools to deliver the evidence based supervised toothbrushing scheme in early years (3-5 years), and the government has awarded Wigan a sum of money to support this and to deliver other oral health interventions which we will be contacting you about soon.

Get in touch to support Oral Health by using [our online contact form](#).



Bite Back – Last chance to sign up!

We have a fantastic opportunity for your pupils to shape the boroughs and your school's food environment through a fully funded programme that empowers students in Years 7–10 to lead change in school.

The fully funded programme is delivered by **Bite Back**. It gives pupils the opportunity to uncover the problems and injustices within our food system through eye opening sessions and by gathering evidence from their own school and community. Students then devise and carry out a social action project in their club that will transform their school by putting healthy food in the spotlight and increasing the flow of affordable, nutritious food in their canteens.

There are **limited national places** for this exciting offer, so we would ask any interested schools to complete an [Expression of interest](#).

We kindly ask for all EOI to be complete by **Friday 11th July**.

Youth Travel Ambassador programme 25/26



Transport for Greater Manchester (TfGM) is offering secondary schools the opportunity to take part in the Youth Travel Ambassador (YTA) programme for the 2025/2026 academic year, commencing in September 2025.

The programme empowers students with the skills and confidence to address transport issues affecting their school community by supporting them in developing and delivering an active travel behaviour change campaign.

Find out more about the programme in our [YTA Factsheet](#) and read about how schools and their students are already benefiting from taking part in our [recent case studies](#).

To apply, please download and complete the short [application form](#) and return it to active.travel@tfgm.com. **30th June deadline**.

Kooth – Transitioning in school



Transitions, like moving to a new school year or starting secondary school, can be tough. Nearly **1 in 4 pupils in England** become disengaged during this period, often feeling less safe, less heard, and less happy in school.

That's where Kooth's free digital mental health support for young people, and Qwell for adults, can make a difference.

Find middle school & high school transition webinars by visiting [Kooth](#).

June 2025
For Schools

Healthy Schools Media Squad

We're looking to invite up to five pupils who are interested in the world of media to become the 'media squad' for the Healthy Schools celebration event on **Thursday 16th October 2025, 9am – 12:15pm**.

By taking part, your pupils will attend an exclusive media skills workshop with the [Media Cubs](#) team at your school in September, where you'll learn the media and communication skills needed to film, interview, present and direct at the celebration event.

Deadline to express your schools interest is **11th July**, please [contact healthy schools](#).

Anna Freud – Forming healthy relationships in a digital world



We know that it can be challenging to know how to support young people to form and maintain healthy relationships, particularly in the context of the increasing popularity of digital spaces.

The session will also help you identify signs that a student is being negatively affected by their peer relationships, as well as support you to understand how to look after both your wellbeing and that of your colleagues when navigating these difficult situations and conversations. [Visit the Anna Freud webpage](#)



Make Every Journey Safe: Check Your Child's Car Seat

Not every child seat fits every car or every child. It's essential to choose a seat that's right for your vehicle and suitable for your child's height and/or weight and age.

Free child car seat fitting clinics

We have car seat fitting clinics taking place across the borough to check that the car seat is fitted in the car correctly and the child is fitted in the seat correctly. To find out the next dates and for more child seat safety tips, visit Wigan Councils, [Child Safety in Vehicles](#).

Family Hub Launch

You are invited you to the launch of The Family Hub at Standish, Shevington and Aspull Libraries.

- **22nd July 11-2pm Aspull Library**
- **29th July 11-2pm Shevington Library**

This is a great opportunity to see what a Family Hub is all about, how we support families from pregnancy right through to young adulthood, with practical help, advice and activities tailored to your needs.

For more information on visit [family hubs](#).



WithYou

Illegal vapes: Everything you need to know.

withyou

Not all vapes are safe - especially illegal vapes. These are untested, unregulated, and can contain way too much nicotine or even dangerous substances like Spice (a synthetic drug that can increase your risk of harm and cause overdose).

You can't tell what's inside your vape just by looking at it. If your vape has no proper branding or ingredient list, is suspiciously cheap, has over 600 puffs or hits way harder than usual - it's probably an illegal vape.

Trying to quit smoking? Use a reusable vape from a trusted shop with clear ingredients lists.

Never smoked and using vapes for fun? The safest choice is not to vape at all.

Need someone to talk to? We're WithYou - confidential, judgement free support.

Call our Wigan and Leigh Young Persons Team on 01942 487578 or chat to us online for free at wearewithyou.org.uk

June 2025

For parents & Carers

Let us be

Here for You

Here For You

Are you missing out on money?

It can be hard to know what financial support is out there, but you need to know we're here to help.

- Talk you through what your entitled to
- Help you complete any forms
- Be a listening ear and helping hand

To find out what support you can access, visit [Here For You](#).



Kooth

Helping young people stay safe on smartphones and online

Kooth are offering parents and carers this 30-minute webinar covering how you can encourage them to think about how they spend their time on social media platforms and how they can get help to deal with similar situations that they may find themselves in

For more support and to access the webinar [visit Kooth](#).