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Council



EMBRACE
WIGAN & LEIGH

TRAVEL TRAINING



A QUICK REFERENCE GUIDE

**Wigan Borough
Travel Training Assistance**



☎ **01942 233323**

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What is it?

Travel training is a service that works to increase people's confidence and helps them to access more opportunities and feel comfortable using public transport.

The Benefits of the training:

- **Increases confidence**
- **Opens wider opportunities**
- **Teaches transferrable skills**
- **Increases independence**
- **Allows people to visit new locations**
- **Connect more with new people**
- **Learn how to solve problems**
- **More freedom**

Safety

Our travel trainers are skilled in supporting people to be safe in the community. They will make sure people can go out with limited risk and have actions in place to support them.



Our trainers would assess a person before going out in the community and wouldn't continue with the training if they didn't think it would be safe.

Safety Plan

- **Road safety**
- **Personal safety**
- **How to plan a journey**
- **How to access public transport**
- **Learn routes and landmarks**
- **What to do if things go wrong**
- **Emergency situations and contacts**

**SAFETY
FIRST**

Equipment & Aids



Bus and train ramps help some disabled people have access to public transport.



Sunflower lanyards can be worn by people - whose disabilities are hidden - and can help staff know if someone needs additional understanding or support.

Safety keyrings are helpful for people who have sensory needs and can be used on the independent stage of travel training. They are also used in emergency situations to sound an alert for the general public to help.



Equipment & Aids

Reflective bus number signs and timetables are easily seen and can help dyslexic people read the numbers easier.

10

High visibility jackets can be useful for people who would like to be seen more easily by road users.



Anyone with a disability can use Journey Assistance Cards to alert bus drivers if they are struggling. This is more useful at the independent stage of travel training.

Please give me
time to sit down,
in case I fall



Myth Busting



“..only poor people use public transport.”

Big cities like Liverpool or Manchester encourage all people to reduce car use. Public transport can be easier and cheaper than driving.

“Travel Training is about the Government saving money on private transfers.”

Travel training is not about saving money, it's about creating independence and freedom for people.

“Being travel trained for my school journey is pointless as I am in my final year.”

The skills learnt during travel training are useful for college, apprenticeship, jobs etc.

Useful Apps



Moovit - provides the best routes to travel along and can help when planning journeys. It also notifies when you approach a bus stop.



Bee Network - Launched in September 2023 - this app allows people to track the buses in real time. You can also buy a ticket using the app.



Life 360 - For parents if they are worried about their child on journeys. Allows precise GPS location tracking which can be shared with other family members.



Umay is a free app enhancing personal safety by sharing real-time location, accessing "Safe Places," and reporting incidents
UMAY.



Carla's Experience



Before Carla accessed travel training, she was volunteering a few days a week at a cafe but was struggling to get to and from work as she was relying on potential lifts or spending money on taxis she couldn't afford.

She was really nervous about public transport since COVID-19 and wouldn't get on a bus independently.

With our support, Carla was able to develop the skills to get to her placement independently. We used steps to support her to learn how to give the correct money, manage her time and when to get off at the right stops. She also learnt to cross roads safely and communicate with the bus drivers.

Carla enjoyed travel training. She liked our knowledge of the bus network and was reassured by our friendly manner.

With travel training, Carla can now get out to town regularly and often meets with her family. She has even been to Manchester to see a show.

