



## Secondary Social, Emotional and Mental Health Support (SEMH)

### Who are we?

We are a team of specialist, qualified and experienced teachers who work for Wigan Council. We are part of the Targeted Education Support Service (TESS). TESS support all schools in Wigan. The Secondary SEMH Support Team works with secondary schools who have chosen to buy additional SEMH support for their students.

### What do we do?

We work with schools when social, emotional or mental health issues are causing challenges or concerns. We work with young people either individually or in small groups adapting appropriate resources to provide bespoke support. This work may include Motivational Interviewing, emotional regulation, wellbeing support, problem solving or target setting skills. School is provided with a brief outline of the work covered with each student at the end of each half term.

### Where will this happen?

We work in Secondary schools and all support takes place within school and during the school day.

### When will this happen?

We are in school for one full day each week. There is a referral process and if your child is referred to us, we will typically meet with them each week for approximately 30 minutes. We will endeavour to ensure that students do not miss the same lesson each week. There is always discussion with the student and school staff prior to the SEMH support ending and we endeavour to be as flexible as possible in this regard.

### How can you contact us?

We welcome working in partnership with parents and carers. You are welcome to contact us when we are in school, using the usual school systems. We work closely with the school SENDCo and Pastoral teams.