



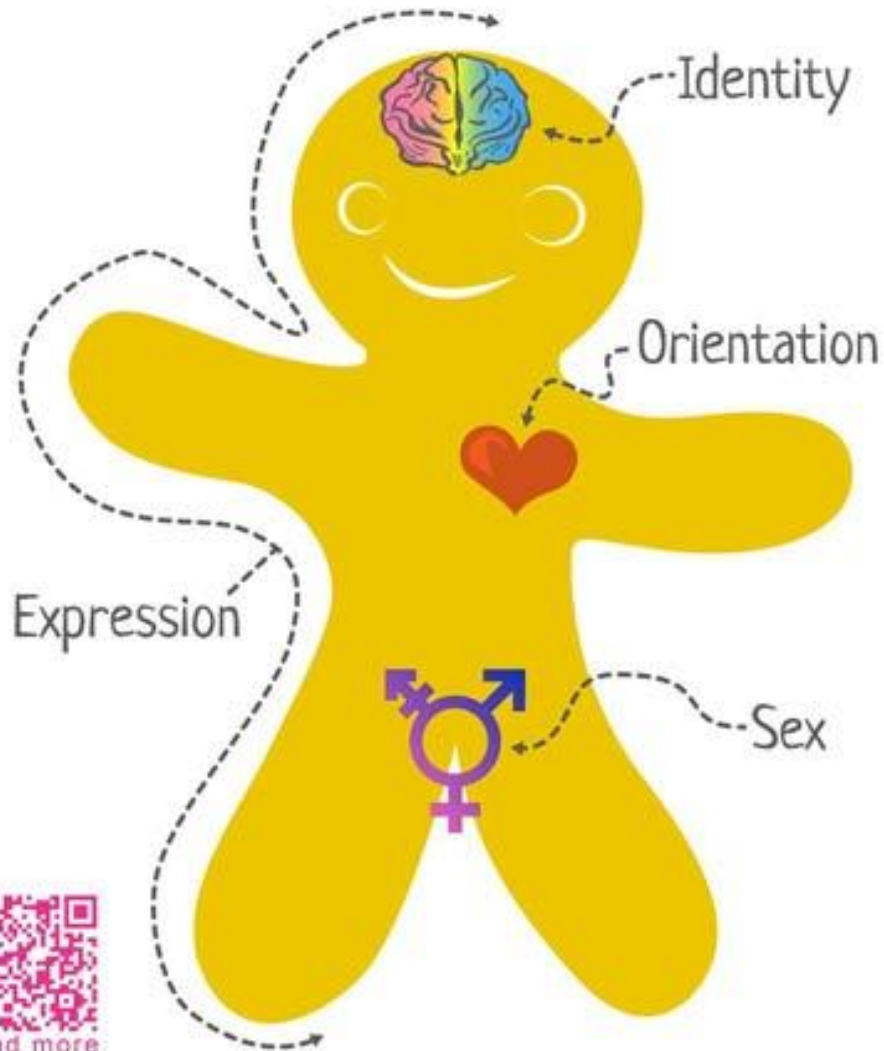
Supporting children in  
relation to gender identity and  
sexual orientation (e.g.  
LGBT) in primary schools

**Educational Psychology Service**

Services for Schools  
People Directorate: Children, Adults and Families

# The Genderbread Person

by [www.ItsPronouncedMetrosexual.com](http://www.ItsPronouncedMetrosexual.com)



## Gender Identity

Woman

Genderqueer

Man

Gender identity is how you, in your head, think about yourself. It's the chemistry that composes you (e.g., hormonal levels) and how you interpret what that means.

## Gender Expression

Feminine

Androgynous

Masculine

Gender expression is how you demonstrate your gender (based on traditional gender roles) through the ways you act, dress, behave, and interact.

## Biological Sex

Female

Intersex

Male

Biological sex refers to the objectively measurable organs, hormones, and chromosomes. Female = vagina, ovaries, XX chromosomes; male = penis, testes, XY chromosomes; intersex = a combination of the two.

## Sexual Orientation

Heterosexual

Bisexual

Homosexual

Sexual orientation is who you are physically, spiritually, and emotionally attracted to, based on their sex/gender in relation to your own.

# Opening the conversation

- Origins of developing our knowledge of gender identity
- Where is your school/setting/organisation currently e.g. policies, approaches and attitudes, has this been raised in school?
- What has been the response so far?

# Useful starting points

- Local Authority guidance e.g. Lancashire, Cornwall, East Sussex
- Charities e.g. Mermaids
- NHS guidance
- Guidance for schools

# An example to consider

- The Reception class teacher comes to you with concerns that a young boy in their class is spending time dressing up in princess dresses and playing with girls at play time
- How would you respond? Discuss with colleagues on your table

# Resources

- [BYou](#)
- <http://www.lancashirechildrenstrust.org.uk/web/viewdoc.asp?id=121455>
- [https://www.cornwall.gov.uk/media/13620644/schools-transgender\\_guidance\\_booklet-2015.pdf](https://www.cornwall.gov.uk/media/13620644/schools-transgender_guidance_booklet-2015.pdf)
- [www.mermaidsuk.org.uk](http://www.mermaidsuk.org.uk)
- <http://www.gires.org.uk/assets/DOH-Assets/pdf/doh-children-and-adolescents.pdf>



**Thank you for your time  
and attention**