

## Restorative Solutions

### Module Description: Drug Awareness

The purpose is to provide an overview of the most commonly used drugs and to enhance an understanding of the effects and legal classification of various substances including Novel Psychoactive (legal highs)

Young people will be educated about current and changing government legislation around legal and illegal substances.

### Benefits of this initiative:

Young people will acquire knowledge around:

- Most commonly used substances in the borough
- Legal and Illegal drugs – What they look like and how are they used
- Drug Categories and Classification
- The Effects of Drug and Alcohol Misuse on the Individual, Family and Community
- Harm Reduction (Age Appropriate)
- Mental Health Issues/effects

Innovative resources used to alter vision, perception and balance to provide realistic stimulation of being under influence of a range of substances

Workshops can be delivered throughout the week (morning, afternoon & evenings with duration ranging from 30 minutes to an hour. This can be arranged to best suit your needs.

### Booking Information:

To book or find out more information please contact:  
Restorative Solutions Team  
01942 487978