

We need your help!



Project Overview

One Together CiC provide Youth, Teen and Family Mindfulness projects that tackle anxiety, as well as creative holiday clubs using art and drama to develop confidence and new friendships. We deliver our programme from the One House Community Centre in Aspull and at other destinations across the Wigan Borough.

What support is needed:

We provide a variety of LEGO Therapy/therabuild workshops for children and always welcome donations of LEGO, particularly mini figures, but any unused/unwanted arts and crafts materials can be used by us to help promote mindfulness and wellbeing through art and creativity.

One Together CIC



What difference it would make to our project?

We do not charge families for participation in our projects. Often these are vulnerable/disadvantaged children that would not normally enjoy the opportunity to have access to generous and high quality materials that they can make things from and keep. We encourage the children to make things that will help them remember the strategies they have learned to tackle their anxiety and we're super creative in how we use the materials we receive.

To Find out more about the group:

Visit: <https://www.facebook.com/onetogethercic/>

Contact details:

To pledge support or for more details contact:

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