

# We need your help!



## Project Overview

Complete Kindness CIC is an innovative mental health provision in the heart of Tyldesley, Manchester.

We offer inclusive and non-judgemental support to everybody. We are passionate about what we do and champion diversity and inclusion. Complete Kindness provides a safe and accessible space for all, offering local mental health and wellbeing services.

At first glance we look like a coffee shop on the high street. We have created this space to appeal to most people and it allows them to access our services in a familiar and safe environment.

We have a wellbeing hub which is used for meetings, groups workshops, we also have a one to one room which can be used for therapy sessions or private meetings too. All of our groups and wellbeing events are created in collaboration with local people to ensure we are meeting our community's needs.

## What support is needed:

Support with developing an Online bookings calendar for all our activities and events.

## Complete Kindness CIC



## What difference it would make to our project?

This would enable us to have greater awareness, raise our activities, plus manage the bookings. As an organisation that gives most of its time voluntarily, this will be of great support.

### To Find out more about the group:

Visit: <https://www.facebook.com/comeoninandhaveachat/>

## Contact details:

Email: [info@completekindness.co.uk](mailto:info@completekindness.co.uk)

