



Growing your own with...

limited time

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Growing your own fruit and veg needn't be as time consuming as you think! We've got lots of time saving tips and ideas that require minimal effort, so you can produce some tasty food around your hectic schedule.

What you will need:

Strawberry plant

Windowsill herb kit

Carrot seeds

Potato growing kit

Pepper growing kit

Compost

Why not try these simple projects...

Pick something simple - Some fruit and veg require a lot less time and care than others. Carrots, herbs, potatoes, courgettes, broccoli and salad leaves, to name a few, just need quick watering every morning.

For more tips and information please visit www.wiganboroughinbloom.co.uk

Buy a kit - To make things really quick and easy you can purchase special kits from local garden centres containing everything you need to grow your own fruit and veg. Try a specialist potato growing kit and window sill herb pack, which will have you growing, picking and eating your own fruit and veg in no time at all.

TOP TIP

"If you don't have time to water every day, make your own self-watering pot. Simply cut off the bottom of a plastic water bottle and make lots of small holes into the neck. Bury in the pot and then fill the bottle with water. The water will gradually seep into the compost."

For more information on growing your own food please visit www.wigan.gov.uk/incredible-edible