

WLCT Sports Development run a series of regular sport sessions for children, young people & adults with a disability.

Activity	Date	Times	Ages	Venue	Cost	Session Suitable For
Multi Sports	Mondays (Term Time Only)	6pm-7.30pm	8-16	RPISC	£3	All Children and Young People with a Disability
Rebound Therapy	Mondays (Term Time Only)	5pm-6pm	5-19	AGA	£2	Children/Young People with Autism
		6pm-7pm			£2	
Multi Sports	Mondays	7.30pm-8.30pm	16+	RPISC	£1.50	Adults with a Disability
Wheelchair Sports	Tuesdays	5pm-6pm	16+	RPISC	£1.50	Adults with a Disability
Multi Skills	Tuesdays (Term Time Only)	5pm-6pm	8-19	LISC	£2	All Children and Young People with a Disability
Rebound Plus	Tuesdays (Term Time Only)	5pm-6pm	5-19	Lowton High School	£2	Children and Young People with Autism who have previously attended Rebound Therapy
Creative Sport	Wednesdays	10am-11am	16+	RPISC	£1.50	Adults with a Disability
Wheels for All	Wednesday (Term Time Only)	5pm-6pm	5-19	RPA	£2	All Children and Young People with a Disability
Dance	Wednesday (Term Time Only)	5pm-6pm	5-11	RPA	£2	All Children and Young People with a Disability
		6pm-7pm	12-19	RPA	£2	
Wheelchair Sports	Wednesday	5:30pm – 6:30pm	16+	LISC	£1.50	Adults With and Without a Disability
Rebound Therapy	Thursdays (Term Time Only)	4.30pm-5.30pm	5-19	LISC	£2	Children/Young People with Autism
		5.30pm-6.30pm			£2	
Athletics	Thursdays (Term Time Only)	5.30pm-7pm	8-19	RPA	£3	All Children and Young People with a Disability
Multi Sports	Saturdays (once a month)	10am-1pm	8-16	RPISC	£6	ADHD & Challenging Behaviour

RPISC – Robin Park Indoor Sports Centre AGA – Abraham Guest Academy RPA – Robin Park Arena
LISC – Leigh Indoor Sports Centre LSV – Leigh Sports Village

Booking is required so please contact WLCT Sports Development prior to attending sessions on 01942 404982 or email sdu@wlct.org