



Request

Please provide all the information regarding the local kitchen primary school meal menu, this should include all ingredients used (and the suppliers) for each and every hot meal that is available on the menu including any additional ingredients like specific oils used for cooking.

Response

The information requested is provided in the attached document. Each day's hot meal is detailed with the ingredients and allergen information. Against each ingredient is a product code, and the prefix for each product code will indicate who the supplier is.

Prefixes starting:

CLEG = Cleggs
DF = Dunstars Farm
MOR = Morris Bakery
RL = Ralph Livesey

Local Kitchen's menu includes items that are prepared, Eg Sausage rolls. Wigan Council do not hold a list of the ingredients contained in these items but the product codes have been provided, along with a link to the supplier's website where this information can be found.



Wigan[♥]
Council

LOCAL KITCHEN

Recipes &
Allergen
Information



Week One Monday – Meal One

Margherita Pizza served with Herby Diced Potatoes & Beans



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Council

Recipe Pizza

50/50 Bread Mix (DFCM045)
70/30 Cheddar/Mozzarella (RL150)
(DF5208)
Pizza Plus Pasta Sauce (DFRL430233)

Herby Dice
Herby Dice (DF L2190)

Beans

Baked beans

LOCAL
KITCHEN



Week One Monday – Meal Two

Breaded Chicken Goujons with Herby Diced Potatoes and Beans



Wigan
Council

Recipe

Chicken Goujons

Southern Style Chicken Goujons (DFL1541)

Herby Dice

Herby Dice (DF L2190)

Baked Beans

Beans (DF5208)

LOCAL
KITCHEN



Week One Tuesday – Meal One

Bolognese Pasta Bake served with Crusty Garlic Bread



Wigan
Council

Recipe

Bolognese Pasta Bake

Alternative Beef Style Mince (DF L1821)

Onion (RL2782)

Pasta Spirals (DFPAS358)

Pizza Plus Pasta Sauce (DFRL430233)

Chopped Tomatoes (DF7004)

70/30 Cheddar/Mozzarella (RL3125)

Garlic Bread

White French Stick (Mor3150)

Bebo Sunflower Spread (RL7562)

Garlic Puree (DFTLGP)

Mixed Herbs (DF804)

LOCAL
KITCHEN



Week One Tuesday – Meal One Allergen Info

Bolognese Pasta Bake served with Crusty Garlic Bread



Wigan Council

Product Description		Contains																									
		Wheat	Rye	Oats	Barley	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Hazelnuts	Cashew Nuts	Brazil Nuts	Almonds	Nuts	Sulphur Dioxide and Sulphites	Soya	Sesame	Peanuts	Mustard	Molluscs	Milk	Lupin	Fish	Eggs	Crustaceans	Cereals containing Gluten	Celery
P01297	Garlic Bread French Stick*	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
01531	Bebo Margarine Spread 2K	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
0738	Garlic Puree	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
02157	Mixed Herbs	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
02014	White Bread Stick Morris Bakery *	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
P01571	Meat Free Pasta Bolognasie *	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
02090	70/30 Grated Cheese	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
01703	Chopped Tomatoes	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
02129	Katerveg Vegan Mince DF	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
0477	Onions Fresh	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
01668	Pasta Spirals	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
02089	Pizza Plus Spiced Pizza Sauce	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○



Week One Tuesday – Meal Two

Meat and Potato Pie served with Broccoli and Gravy.



Wigan
Council

Recipe

Meat and Potato Pie

Plain flour (DF1501)
Kerrymaid block (RL7001)
1 Chilled water
Minced beef (RL804)
Diced potatoes (RL7)
Onions (RL150)
Carrots (RL152)

Broccoli

Broccoli (RL166)

Gravy

Gravy mix (DF1316)

LOCAL
KITCHEN



Week One Tuesday – Meal Two

Allergen Info

Meat and Potato Pie served with Broccoli and Gravy.



Wigan Council

Product Description		Contains																									
		Wheat	Rye	Oats	Barley	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Hazelnuts	Cashew Nuts	Brazil Nuts	Almonds	Nuts	Sulphur Dioxide and Sulphites	Soya	Sesame	Peanuts	Mustard	Molluscs	Milk	Lupin	Fish	Eggs	Crustaceans	Cereals containing Gluten	Celery
P01103	Broccoli - Fresh	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
0462	Fresh Broccoli *	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
P00199	Gravy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
01952	Middletons Gluten Free Gravy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
P00235	Meat & Potato Pie	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
01022	Carrots (Fresh) Boiled *	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
01937	Fresh Diced Potatoes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
01951	Kerrymaid Block Margarine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
01952	Middletons Gluten Free Gravy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
01489	Minced Beef	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
0477	Onions Fresh	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
02171	Plain White Flour	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Week One Wednesday– Meal One

Cheese Panini served with Salad.



Wigan
Council

Recipe Panini

Tondo Panini (Mor6505)
Cheese Slices (Cleg-P02)

Salad

Lettuce (RL252)
Cucumber (RL261)
Tomatoes (RL238)
Peppers (RL172)
Onion (RL150)

LOCAL
KITCHEN





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Week One Wednesday – Meal Two

Roast Chicken served with Creamed Potatoes, Mixed Veg and Gravy.

Recipe

Chicken Breast (DF L1364)
Fully cooked whole potatoes (RL3)
Farmhouse Mixed veg (DF L909)
gravy (DF1316)

LOCAL
KITCHEN



Week One Wednesday – Meal Two

Allergen Info

Roast Chicken served with Creamed Potatoes, Mixed Veg and Gravy.



Wigan Council

Product Description		Contains																									
		Wheat	Rye	Oats	Barley	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Hazelnuts	Cashew Nuts	Brazil Nuts	Almonds	Nuts	Sulphur Dioxide and Sulphites	Soya	Sesame	Peanuts	Mustard	Molluscs	Milk	Lupin	Fish	Eggs	Crustaceans	Cereals containing Gluten	Celery
P01965	Roast Chicken Dinner	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
01947	Chicken Breast Green Gourmet, DF	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
01952	Middletons Gluten Free Gravy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
0391	Mixed Vegetables (Frozen)*	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
0178	Prep Blanched Chilled Potatoes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

LOCAL KITCHEN

Legend

- Contains
- May Contain
- Does Not Contain
- * No Information

Week One Thursday – Meal One

Meatball Sub served with Corn on the Cob and Salad



Wigan
Council

Recipe

Sub

Bridge Rolls (Mor1137)
Quorn Vegan Meatballs (DF L2033)
Pizza Plus Sauce (DFRL430233)
Corn on the Cob (DF L923)
70/30 Cheddar/Mozzarella (RL150)

Salad

Lettuce (RL252)
Cucumber (RL261)
Tomatoes (RL238)
Peppers (RL172)
Onion (RL150)

Week One Thursday – Meal One Allergen Info

Meatball Sub served with Corn on the Cob and Salad



Wigan Council

LOCAL KITCHEN

Legend	
●	Contains
◐	May Contain
○	Does Not Contain
*	No Information

Product Description		Contains																									
		Wheat	Rye	Oats	Barley	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Hazelnuts	Cashew Nuts	Brazil Nuts	Almonds	Nuts	Sulphur Dioxide and Sulphites	Soya	Sesame	Peanuts	Mustard	Molluscs	Milk	Lupin	Fish	Eggs	Crustaceans	Cereals containing Gluten	Celery
P1640	Corn On The Cob	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
01698	Mini Corn Cobettes	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
P01119	Meatball Sub	●	○	○	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
02090	70/30 Grated Cheese	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
01036	Bridge Roll MB	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
02089	Pizza Plus Spiced Pizza Sauce	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
02055	Quorn Vegan Meatballs	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
P01292	Side Salad	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
0409	Cucumber	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
0123	Lettuce (Iceberg)	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
0477	Onions Fresh	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
0483	Peppers (Red)	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
0489	Tomatoes Fresh	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○



Week One Thursday – Meal Two

Chicken Curry served with 50/50 Rice and Warm Naan Bread.



Wigan
Council

Recipe

Diced Chicken Breast and Thigh (DF L1515)
Curry Sauce (DF1134)
Tikka Seasoning (DF1133)
Onion (RL150)
Sweetcorn (DF L907)
50/50 Rice (DFTBWR)

Naan Bread

50/50 Bread Mix (DFCM045)
Oil (DF1272)
Mixed Herbs (DF804)
warm water

LOCAL
KITCHEN



Week One Thursday – Dessert

Vanilla Sponge and Custard



Wigan[♥]
Council

Recipe

Sponge

Plain Flour (DF 1501)
Self Raising Flour (DF1502)
Caster Sugar (DF2992)
Baking Powder (DFCM064)
Oil (DF1272)
1.6lt Water
Vanilla Essence (DF3278)

Custard

Custard Powder (DF1576)
Sugar (DF1991)
Milk
(RL555)

LOCAL
KITCHEN



Week One Friday – Meal One

Quorn Vegan Dippers Served with Chips and Garden Peas.



Wigan
Council

Recipe

Quorn Dippers (DF L2198)
Chips (DF L2064)
Garden Peas (DF L901)
Tomato Ketchup (DF1348)

LOCAL
KITCHEN



Week One Friday – Meal Two

Harry Ramsden Fish Fillet served with Chips, Garden Peas and Sweetcorn



Wigan
Council

Recipe

Fish Fillets (DF L1778))
Chips (DF L2064)
Garden Peas (DF L901)
Sweetcorn (DF L907)
Tomato Ketchup (DF1348)

LOCAL
KITCHEN



Week Two Monday – Meal One

Cheese Whirl served with Baked Beans



Wigan
Council

Recipe

Puff Pastry Sheets (DF L1089)
Red Grated Cheese (Cleg-GP04)
Eggs (RL889)
Diced Potatoes (RL7)
Onion (RL889)
Baked Beans (DF5208)

LOCAL
KITCHEN



Week Two Monday – Meal Two

Chicken Fajita Boat served with Savoury Rice and Corn on the Cob



Wigan Council

Recipe

Old El Paso Stand and Stuff (DF1572)
Diced Chicken Breast and Thigh (DF L1515)
Mexican Fajita Spice (DFFM670)
Mixed Peppers (RL175)
Red onion (RL157)

Savoury Rice

50/50 Rice (DFTBWR)
5 Mixed Vegetables (DF L908)

Corn on the cob

Mini Corn Cobettes (DF L923)

LOCAL KITCHEN



Week Two Tuesday – Meal One

Margarita Pizza served with Potato Rosti and Sweetcorn



Wigan
Council

Recipe

Pizza

50/50 Bread Mix (DFCM045)
70/30 Cheddar/Mozzarella (RL150)
Pizza Plus Pasta Sauce (DFRL430233)

Potato Rosti

Rosti (DF L1368)

Sweetcorn

Sweetcorn (DF L907)

LOCAL
KITCHEN



Week Two Tuesday – Meal Two

Hunters Chicken served with Potato Rosti and Garden Peas.



Wigan
Council

Recipe

Chicken Breast (DF L1364)
Sliced Ham (Cleg-CM35)
Grated Cheese (Cleg-GP01)
BBQ Sauce (Cleg-SAU33)

Potato Rosti

Rosti (DF L1368)

Garden Peas

Peas (DF L901)

LOCAL
KITCHEN



Week Two Wednesday – Meal One

Macaroni Cheese served with Broccoli and Doughballs



Wigan
Council

Recipe

Macaroni Cheese

Macaroni (DFPAS344)

Milk (RL555)

Plain Flour (DF1501 - Use Cornflour if GF (DFCM067)

Kerrymaid block (RL7001)

70/30 Cheddar/Mozzarella (RL624)

Doughballs

Doughballs (MB2397)

Bebo Spread (RL7562)

Garlic Puree (DFTLGP)

Mixed Herbs (DF804)

Fresh Broccoli

Broccoli (RL166)

LOCAL
KITCHEN



Week Two Wednesday – Meal One

Allergen Info

Macaroni Cheese served with Broccoli and Doughballs



Wigan Council

LOCAL KITCHEN

- Legend**
- Contains
 - ◐ May Contain
 - Does Not Contain
 - * No Information

Product Description		Contains																									
		Wheat	Rye	Oats	Barley	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Hazelnuts	Cashew Nuts	Brazil Nuts	Almonds	Nuts	Sulphur Dioxide and Sulphites	Soya	Sesame	Peanuts	Mustard	Molluscs	Milk	Lupin	Fish	Eggs	Crustaceans	Cereals containing Gluten	Celery
P01103	Broccoli - Fresh	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
0462	Fresh Broccoli *	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
P01970	Garlic Doughballs	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
01531	Bebo Margarine Spread 2K	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
0738	Garlic Puree	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
02157	Mixed Herbs	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
02045	Morris Bakery Plain DoughBall	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
P02017	Macaroni Cheese Bake	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
02090	70/30 Grated Cheese	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
02155	Cornflour	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
01951	Kerrymaid Block Margarine	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
01032	Macaroni	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
0360	Milk Semi Skimmed	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
02171	Plain White Flour	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○



Week Two Wednesday – Meal Two

Baked Sausages served with Yorkshire Pudding, Creamed Potatoes, Carrots, Peas and Gravy.



Wigan[♥]
Council

Recipe

Sausage (RL3808)
Yorkshire Pudding (DF L1668)
Fully cooked whole potatoes (RL1707)
Garden Peas (DF L901)
Baton Carrots (RL32)
Gravy (DF1316)

LOCAL
KITCHEN



Week Two Thursday – Meal One

Tomato and Basil Pasta Bake served with Crusty Garlic Bread



Wigan[♥]
Council

Recipe

Pasta Spirals (DFPAS358)
5 Mixed Vegetables (DF L908)
Garlic Puree (DFTLGP)
70/30 Cheddar/Mozzarella (RL624)
Pizza Plus Pasta Sauce (DFRL430233)

Crusty Garlic Bread

White Bread Sticks (Mor3150)
Bebo Sunflower Spread (RL7562)
Garlic Puree (DFTLGP)
Mixed Herbs (DF804)

LOCAL
KITCHEN



Week Two Thursday – Meal One Allergen Info

Tomato and Basil Pasta Bake served
with Crusty Garlic Bread



Wigan Council

**LOCAL
KITCHEN**

Legend	
●	Contains
◐	May Contain
○	Does Not Contain
*	No Information

Product Description		Contains																									
		Wheat	Rye	Oats	Barley	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Hazelnuts	Cashew Nuts	Brazil Nuts	Almonds	Nuts	Sulphur Dioxide and Sulphites	Soya	Sesame	Peanuts	Mustard	Molluscs	Milk	Lupin	Fish	Eggs	Crustaceans	Cereals containing Gluten	Celery
P01297	Garlic Bread French Stick*	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
01531	Bebo Margarine Spread 2K	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
0738	Garlic Puree	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
02157	Mixed Herbs	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
02014	White Bread Stick Morris Bakery *	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
P01396	Tomato & Basil Pasta Bake *	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
02090	70/30 Grated Cheese	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
0738	Garlic Puree	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
0391	Mixed Vegetables (Frozen)*	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
01668	Pasta Spirals	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
02089	Pizza Plus Spiced Pizza Sauce	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○



Week Two Thursday – Meal Two

Chicken Curry served with 50/50 Rice and Warm Naan Bread.



Wigan
Council

Recipe

Diced Chicken Breast and Thigh (DF L1515)

Curry Sauce (DF1134)

Tikka Seasoning (DF1133)

Onion (RL150)

Sweetcorn (DF L907)

50/50 Rice (DFTBWR)

Naan Bread

50/50 Bread Mix (DFCM045)

Oil (DF1272)

Mixed Herbs (DF804)

warm water

LOCAL
KITCHEN



Week Two Friday – Meal One

Vegan Sausage Roll served with Chips and Sweetcorn



Wigan
Council

Recipe

Vegan Sausage Rolls (DF L2126)
Chips (DF L2064)
Sweetcorn (DF L907)
Tomato Ketchup (DF1348)

LOCAL
KITCHEN



Week Two Friday – Meal Two

Birds Eye Fish Fingers served with Chips and Garden Peas



Wigan
Council

Recipe

Fish Fingers (DF L2141)
Chips (DF L908)
Garden Peas (DF L901)
Tomato Ketchup (DF1348)

LOCAL
KITCHEN





Wigan
Council

Available Daily

Jacket Potato with Tuna or Cheese and side salad

Recipe

Jacket Potatoes (RL136)

Fillings

Baked Beans (DF5208)

Grated White Cheddar (CL GP01)

Or

Tuna (Tinned) (DF7002)

1kg Mayonnaise (DFLITCS)

Salad

Lettuce (RL 4200)

Cucumber (RL 2672)

Tomatoes (RL 2231)

Peppers (RL 4804)

Onion (RL 150)

LOCAL
KITCHEN





Wigan[♥]
Council

LOCAL KITCHEN

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