

1. Commissioning

Did your organisation commission any FaME programmes delivered by PSIs during this period?

□ Yes

□ No

2. Provision

Did your organisation provide any FaME programmes delivered by PSIs during this period?

≪ Yes

🗆 No

 \Box No, but we have done so in the past

3. Participation

Approximately how many individuals took part in the FaME classes that you commissioned or provided during this period?

There were 383 new participants to the programme. There is no end date to the programme, and we had a total of 10,419 visits to the group sessions and 583 home visits.

4. Programme Duration

What is the typical length of the programme funded per participant?

(e.g., 6 weeks, 12 weeks, 24 weeks)

The home visit support lasts up to 6 weeks and people are encouraged to access the group sessions. We have no end date currently for the sessions and reassess at 15 weeks (this is about to move to 12 weeks) and carry out a second follow up at 6 months. We are currently reviewing capacity to deliver home visits and the creation of maintenance groups to encourage progression in the long term, as well as trying to meet demand on the service.

5. Toolkit Usage

Have you used the FaME Implementation Toolkit to support its commissioning or provision?



□ Yes

 \ll No – we have been involved the recent focus groups and sit on the N-FIT group.

 \Box Not sure

6. Follow-Up

Would your organisation be willing to be contacted for further information about your programme(s)?

□ No