

Wigan Modeshift STARS Walk to School Week



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What is Modeshift STARS?



Modeshift STARS is the new programme in place for School Travel Plans, it is supported by the Department for Education. As you enter your school's data and achievements into the system, it automatically creates your school travel plan for you, saving a lot of time.

Modeshift STARS is a nationally accredited scheme, which is offered to all schools. We have already paid for all schools in the Wigan Borough to have this scheme, therefore you are able to use it for no charge to yourselves. It is accessed online and enables you to input all of your school's travel plan initiatives, such as 'walk to school week' or even just something as simple as 'promoting public transport'. You will then achieve awards, depending on how many initiatives your school takes part in. The first award is bronze, and requires 15 initiatives to be completed, followed by the silver and gold awards. Usually a member of staff at your school will be the assigned school travel plan officer to enter the data online and they can work with the school council to involve the whole school in the different initiatives.

Our team can come into your school and help you out along the way, whether it be help with entering your school's data online or help with the students and their initiatives. Your school is already set up and waiting for you to start earning your awards. To do this log on to www.modeshiftstars.org/ and register. I will then confirm your request and you will be able to get started. If you need any help please don't hesitate to contact us. We look forward to helping your school to achieve a nationally accredited award!



What is Walk to School Week and Why Walk?

You're part of something big!

Walk to School Week is celebrated across the world.

Not only will other pupils in Wigan and across the UK be taking part; there will also be pupils all over the world walking to school at the same time. Countries include Argentina (South America), Pakistan, Nigeria (Africa) and Wales.

May and October are Walk to School months, which means your school can choose any week in May and any week in October to take part in Walk to School Week.



Why Walk?

- Walking keeps you healthy and fit.
- If you walk to school you can chat along the way
- You can put your road safety training into practice,
- If you walk to school instead of travelling by car there will be fewer cars parked around the school. This is safer for children.
- Car exhaust pollution is bad for the environment and for us.
- You can see more of your local area.
- Walking is free, parents have to pay to drive cars.
- Walking to school wakes you up and you'll be ready to start your lessons.
- Even if it's raining, you can still walk to school – but don't forget your wellies and raincoat!
- Remember! If you live too far away from school to walk, then try to 'Park and Stride!', this means parking at a local car park or another area away from the school and walking to school from there.

How to Take Part in Walk to School Week



The earlier you plan it, the more successful the week will be. To make sure you monitor the scheme, don't forget to set up a passport control area/walking terminal in the school (based on an airport check in) where pupils who walk to school can get their passports stamped or ticked. You could do this at the school gate, or during dinner time. Use the passport control signs and resources in this package to set up your passport control area. There are downloadable certificates in this package, to reward everyone who walked.

Use the resources in this package to:

- Promote walking to school,
- Print off and display the posters,
- Organise assemblies,
- Get pupils to produce some flyers
- Hand out the walking passports.
- Set up your own 'Walking Terminal'

When the week is over:

1. Make sure everybody adds up the number of days they walked.
2. Get everybody to fill in the right hand side of the passport, and tear it off.
3. Make sure you collect all the tear-off sections.
4. Add up the number of days people walked and fill in the feedback form.
5. Make sure you answer the feedback questions as well, 'How did the week go?'
6. Get your teacher to fill in their feedback form.
7. Post the two forms to your Local Contact.

If you're struggling with anything, please give your School Travel Plan Team a ring - we're here to help.

Walking Schemes for the Week



During Walk to School Week you can also run your own activities alongside the passport scheme. They will also count towards your Modeshift STARS awards. Have a look in the pack for scheme ideas! Here are some to consider:

- **A Walking Bus**

A Walking Bus is a group, or 'bus' of children and adults who walk from home to school each day picking up passengers along the way. The group moves quickly and safely under the guidance of trained adults. All children and adults on the bus wear bright reflective jackets for safety.

- **WOW - Walk Once a Week**

Quite often it's hard for everyone to walk to school every day during Walk to School Week, but a WOW day can be any day of the week! A special day is picked and agreed by the children, teachers, and parents/carers and on this day everyone is asked to make a really big effort, so that as many people as possible walk to school.

- **Park and Stride**

Parents/carers who bring their children to school by car are asked to leave it at a place away from school and walk the rest of the way to school, (they could even join a walking bus!). This means that everyone can join in, even those children who live a long way from school.

If you would like to do any of these during Walk to School Week you need to organise it with your teachers, parents/carers and contact your School Travel Plan Contact on 01942 488250.

How to use the Information Provided in this Package



Resources - In this section of the package you will find the following:

- Badges - You are able to print off different badges for students who have walked to school.
- Certificates - Print off certificates for the end of Walk to School Week for the children who have walked.
- Characters - Cartoon characters who appear in this slide can be used for display boards at school etc.
- Logo - Walk to School Week Logo to use for display boards in school etc.
- Passport - Your school will be provided with passports, but this is the template if you need it.
- Photographs - Here you will find images of other schools taking part in Walk to School Week.
- Posters - These can be printed off to go up around school.
- Signage - Print off and use for your 'Check In/Arrivals' area, where pupils get their passports stamped.

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Teachers Section - In this section of the package you will find the following:

- Assembly - A Powerpoint presentation to explain Walk to School Week to the pupils
- Lesson Plan - Lesson plan ideas for Geography, Literacy, Numeracy and a Poem, incorporating the Walk to School Week Theme.
- Letters - Includes a letter to Parents/Guardians explaining Walk to School Week.
- Information on Walk to School Week
- Walking scheme ideas for the week.

Feedback Section - In this section of the package you will find the following:

- Feedback Form for Students
- Feedback form for Staff Member.

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Modeshift STARS (School Travel Plans) - In this section of the package you will find the following:

- Information on Modeshift STARS and School Travel Plans
- What is STARS?
- Achieving Modeshift STARS
- List of Initiatives
- Walk to School Week activities that count towards your Modeshift STARS accreditation

Useful Websites and Contacts



If you are looking for extra ideas for the week, look no further...

Below is a list of websites which are full of ideas. If you need any further help with the week, or are struggling with an idea, please contact your School Travel Co-ordinator on the details below.

Websites:

www.walktoschool.org.uk
www.iwalktoschool.org
www.walkbiketoschool.org
www.safekidswalking.org.uk
www.sustrans.org.uk
www.livingstreets.org.uk
www.saferoutestoschools.org.uk
www.modeshiftstars.org

The contact at Wigan Council for your School's Travel Plan is:

Road Safety and Behavioural Change Team
Places: Economy, Waste and Infrastructure
Wigan Council
PO Box 100, Wigan, WN1 3DS

01942 488250

road.safety@wigan.gov.uk

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