'Let's Walk to School' Poem/Rap

· Assembly:

"Today we're going to talk about walking to school; (it is Walk to School Week soon). There are lots of good reasons to walk to school, rather than coming in the car, listen carefully as we're going to read a poem to you and then ask you if you can remember three reasons why walking is good."

(Read Poem).

Who can remember 3 things that are good about walking to school?

Possible answers:

- 1. It is good for your health/fitness
- 2. You can talk to friends on the way/it's fun
- 3. It is safer around school if there are fewer cars
- 4. Car fumes are bad for the planet/earth/environment

Lesson

- Poem used as a lesson (ENGLISH - reading, writing, speaking, rhyming This lesson is aimed at year 3/4 but can easily be adapted to suit older/younger years.)
- The poem can be broken down into 5 verses. It can be read as a poem or as a rap!
- Pupil groups can read/rap one verse each.
- Pupils then write 3 reasons that are included in the poem about why walking to school is good.

- Pupils then write their own rhyming verse (4 lines long) about why walking is good.
- Copy the poems out in neat/type them onto the computer and then put them up on a school notice-board.
- Why not draw a picture about walking to school, to go with your verse?

Let's walk to school!

Get your shoes ready; it's that time of year!

'Walk to School Week' is finally here!

Ready and prepared come rain or shine.

Just keep on plodding, you'll do just fine.

Walking keeps you healthy and fit.
The whole school's involved, doing their bit.
If you can't walk all week just walk one day,
If the journey's too long, just walk part way.

The Park and Stride scheme is a great idea It makes school safer, car free and clear Park away from school in a different street Leave the car behind and get on your feet

All cars spit out bad gases and pollution So walk to school – It's the best solution! Chatting to your friends along the way Preparing your brain for the busy day Don't stop walking when the week is done Choose one day a week, you'll have such fun. The Earth will thank you, and your body will too! So let's make a change... It's down to you!!