



# Feedback on your foster care

This form is for you to use to tell us about your time with your foster family.

The information you give will help us know what's been going well and what we could do better in the future.

It will help us to give a better service to you and to other children and young people.

This form has been filled in by (choose one):

You and your worker

You alone

Worker alone

Family name (last name):

First name:

**Section one** (to be filled in when you have come to the end of a foster placement):

### Looking back at your time with your foster family

Date:  How long were you with your foster family? :

Did you like your time with your last foster family? Choose a heart that most represents how you feel about your time with your foster family.



Why do you feel this way?

What did you like?

Did you do any activities together? If so, which ones?

Did you keep a memory box? Yes  No

Could your foster family have done anything differently to make your time there better?

Do you think you could have done anything differently to make your time there better?

Could we have done anything differently to support you?

**Section two** (to be filled in before going to your new foster placement):

**How do you feel now?**

Date:

How much are you looking forward to going to live with your new foster family?:



**This much**

(I definitely don't want to go)



**This much**

(I'm not sure I want to go, I have too many worries and questions)



**This much**

(I want to go but I have some worries and questions)



**This much**

(I am looking forward to it but have a couple of worries and questions)



**This much**

(I can't wait!)

Why do you feel this way?

What support do you think you might need to make sure you feel safe and happy when you move to your new foster family?

Is there anything you would like your new foster family to do to make sure you feel safe and happy when you move in?

### Section three

(to be filled in when you've been with your new foster family for a little while):

#### Welcome to your new home

Date:  How long have you been living with your new foster family?:

How much are you looking forward to going to live with your new foster family?:



**This much**

(I am not enjoying it at all)



**This much**

(It is ok)



**This much**

(I am quite enjoying it)



**This much**

(I am really enjoying it)



**This much**

(It is amazing!)

Why do you feel this way?

What's been good about living with your new foster family?

What is your favourite thing?

Is there anything that could be better?

How are you getting along with your new foster family?

Who can you talk to if you need to talk about something which you can't talk to your foster carers about?

