

How was your time with your foster family?

Were you surfing the waves or struggling in the shallow water?

Name:

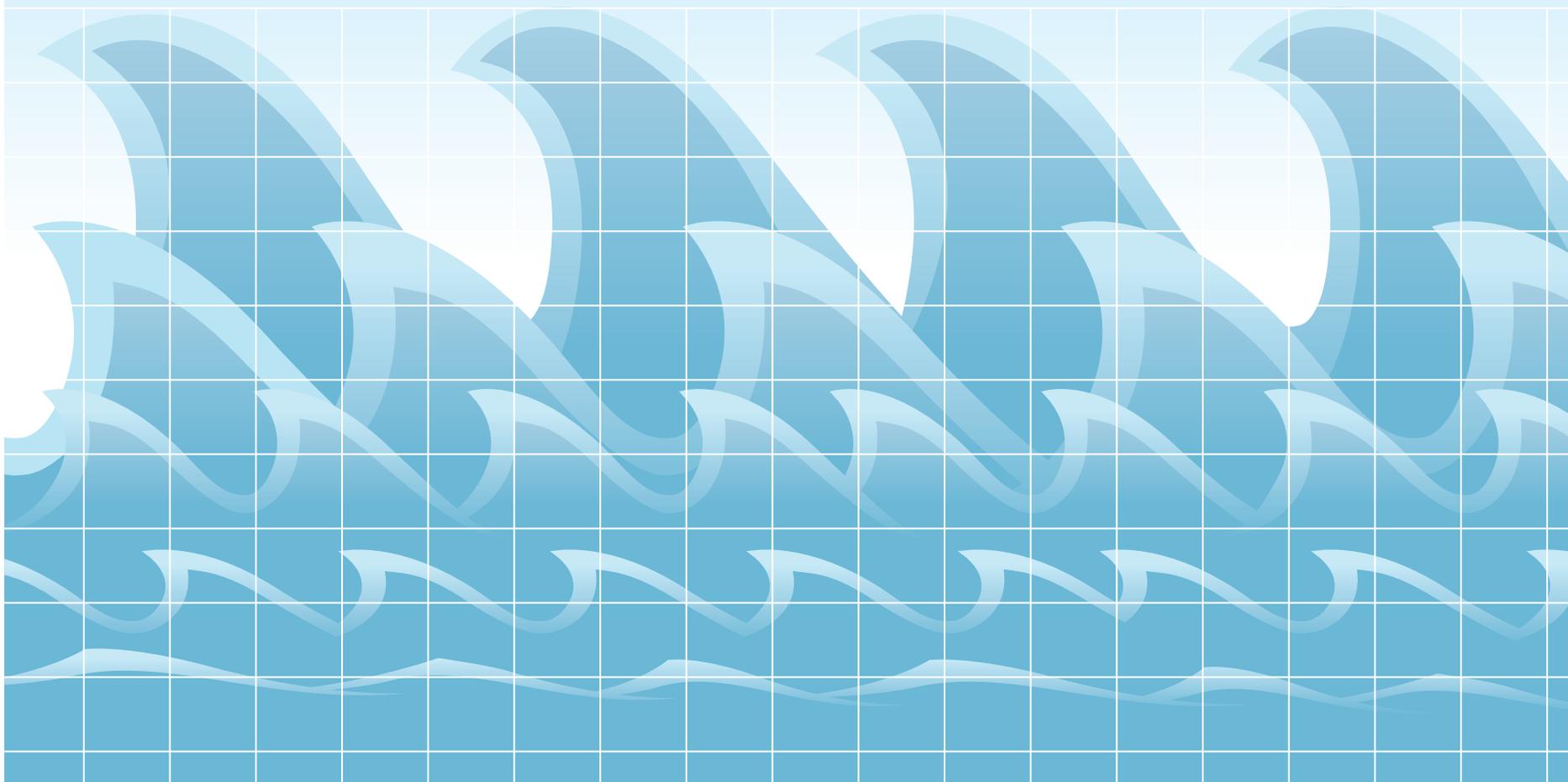
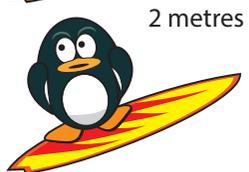
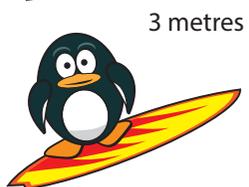
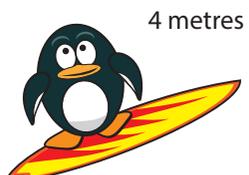
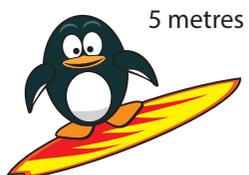
Date of first surf:

Date of second surf:



Thinking about your time with your last foster family, mark how you think things were on the wave scale and join the dots to see your journey.

When you've been with your new foster family for a few weeks, have another go and see if things have moved on.



My room

The food

Activities we do

Someone to talk to

School

My attitude and behaviour

Feeling safe and happy