

DOMESTIC ABUSE AWARENESS

I NEED HELP
BUT I DON'T
KNOW WHERE
TO TURN...



DOES THAT SIT RIGHT WITH YOU?

SITTING RIGHT
WITH YOU

WHAT IS DOMESTIC ABUSE?

A kick, a punch, a push? Often it's more complicated. Violence, control, intimidation and isolation are all forms of abuse.

#SittingRightWithYou

If you're worried about yourself, or someone you know

visit www.SittingRightWithYou.co.uk or call **0161 636 7525**. It's time to talk about it.

call 0161 636 7525

call 0161 636 7525

call 0161 636 7525

call 0161 636 7525

call 0161 636 7525

call 0161 636 7525

call 0161 636 7525

call 0161 636 7525

call 0161 636 7525

call 0161 636 7525

call 0161 636 7525

call 0161 636 7525