

Further information

For further information about Hindley Day Centre, or to make an appointment to come and look around, please contact the manager:

Hindley Day Centre
First Avenue
Hindley
Wigan WN2 3EB

Phone: 01942 521927
E-mail: hindleydc@wigan.gov.uk

Hindley Day Centre



This leaflet is also available in ethnic-minority languages, on audio tape or CD and in large print. Contact us at Department of Adult Services, Customer Relations Unit, Civic Centre, Millgate, Wigan, WN1 1AZ. Phone: 01942 827173. E-mail: ssdcru@wigan.gov.uk

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Website: www.wigan.gov.uk

Department of Adult Services

What does the centre provide?

We can provide a range of support services, including:

- activities aimed at helping people maintain their health and well-being;
- help with personal care needs;
- respite care, support and advice for carers;
- a chance to meet and make friends with people your own age;
- help to administer medication;
- a choice of nutritious meals (we cater for special diets);
- transport between your home and the day centre.



Hindley Day Centre

Hindley Day Centre offers a service to older people with varying needs. We aim to help older people to stay healthy and independent, by providing opportunities to take part in therapeutic and stimulating activities.

We offer a safe and caring environment, with help and support from trained and experienced staff.

The centre is open 7-days a week, 365 days a year, from 9am to 4.30pm.



Chair-based exercises

What kind of activities are available?

You can choose from a number of activities, including:

- Music and chair-based exercises.
- Interactive and group quiz sessions.
- Arts and crafts.
- Dominoes and card games.
- Cookery.
- Therapeutic activities.
- Aromatherapy.
- Footspa sessions.
- Reminiscence therapy.
- Gardening projects.
- Seasonal events.
- Nail care and relaxation.
- Daily living skills.



Arts and crafts

What can you expect?

You can expect care which is matched to your needs, which we will monitor and review regularly:

- we hold meetings with people involved in providing your care;
- after an initial settling in period of about four weeks we hold a review meeting, where you, your family, your carer, social worker and a senior member of staff discuss how things are going.



Therapeutic activities

Are you eligible for day services?

To see if day services are appropriate for you (or someone you care for), a social worker will visit you to talk about the type of help and support you need and to plan services with you. This is called an 'assessment'. You can arrange this by contacting the Central Duty Team on **01942 828777** (or minicom 01942 828790).

We use the Government's 'Fair Access to Care Services' guidelines to help us to decide if a person is eligible for care services. Unfortunately, if you are assessed as 'low' or 'moderate' need or risk, you will not be eligible for day care services from us. However, we may be able to offer you advice and some other help, or put you in touch with other organisations who may be able to help, like 'Starting Point'.

'Starting Point' is a helpline which provides information and advice about local services that help people to live

independently, for example, cleaning, shopping, meals, handymen, lunch clubs and so on. Phone 01942 826079 for more details.

How much does it cost?

The council charges for care services. The amount you pay will depend on your financial circumstances. Some people may have to pay a small amount, some will be expected to pay the full charge, and some people may not have to pay anything at all. We will ask you to fill in a financial assessment form, CCF1 or CCF2(R), so we can work out your charge (if any).

For more information about care charges, ask the social worker for a copy of the leaflet 'Paying for community care services'.



Dominoes and card games