

Teenage Pregnancy and the Common Assessment

This checklist is to raise awareness of the early indicators that can lead to teenage pregnancy and risky sexual behaviour – to ensure early and appropriate support services are put in place.

Risk factors associated with risky sexual behaviour, teenage pregnancy and sexually transmitted infections include:

HIGH RISK:

- First sex under 16 years old and poor contraceptive use
- Multiple sexual partners
- Sexually active but not using contraception
- Demonstrating or exposed to inappropriate and/or risky sexual behaviours
- Vulnerable to or has been sexually abused or exploited
- Repeated access to Emergency Hormonal Contraception (EHC)

MODERATE RISK:

- Alcohol or drug use
- Being In Care or Leaving Care
- Is a teenage parent
- Poor levels of educational attainment or disengagement from school
- Low self-esteem, poor emotional health or self harm
- Involvement in youth offending, crime or anti-social behaviour
- Poor family support including domestic abuse
- Growing up in poverty/areas of high deprivation
- Have current child protection concerns and multi agency involvement with the young person/family
- Accessing abortion services
- The child of a teenage parent

Young people under-18 with a high risk or multiple moderate risk factors or chaotic lifestyles are those most at risk of teenage pregnancy and poor sexual health.

Any sexually active young person under 13 years old must be referred to child protection

Preventing teenage pregnancy is about building self worth, aspirations and self confidence.

If a young person presents with one high risk factor or several of the moderate risk factors listed above you should consider the following interventions:

Interventions to PREVENT teenage pregnancy and risky sexual behaviour:

- If a young person needs support complete a Common Assessment Framework (CAF)
- Contact Young People's Drug and Alcohol and/or Contraception and Sexual Health services for appropriate support and recommended intervention
- For issues of self-esteem, emotional health and well-being, seek support and recommendation from local child mental health services
- To help develop a young person's knowledge, attitudes and skills to manage their sexual health risk taking behaviours - contact Brook Outreach and Barnardos Targeted Intervention Service for appropriate support and recommended intervention
- Learning support for children, and young people who fall behind in school
- Skill development to help young people form positive relationships and conflict resolution
- Referral to positive parenting and parent support services
- Encourage engagement in work experience opportunities, volunteering, and out of school activities that foster success, ambition resulting in raised aspirations – contact Connexions
- Provide support for children experiencing family breakdown and conflict
- Interventions to support and prevent children and young people being affected by domestic/ dating abuse
- Ensure Children in Care or Leaving Care have access to enhanced information advice and support

KEY LOCAL SERVICES FOR YOUNG PEOPLE

Barnardos TP & SH Targeted Intervention Service Tel: 01942 483200

For further service information: www.ruready2.com

Intensive support service for young people at high risk of teenage pregnancy and engaging in risky sexual behaviour

Brook Wigan & Leigh Tel: 01942 483180

For information and opening times: www.brookwiganandleigh.org.uk

Free confidential contraception and sexual health services and advice for young men and women

Free Emergency Hormonal Contraception (EHC)

For availability sites, including chemists: www.ruready2.com and www.alwpct.nhs.uk/your-services/pharmacies/emergency-contraception/

Need to ring first to ensure EHC licensed pharmacist is on duty

Local Sexual Health and Contraceptive service information, opening times and contact details

including C Card Scheme, Chlamydia Testing, Leigh Walk in Centre, Family Planning, GUM and Termination Central Booking Services: www.ruready2.com www.alwpct.nhs.uk

Young Peoples Drug and Alcohol Team Tel: 01942 777720

For further information and opening times:

www.wigan.gov.uk/Services/HealthSocialCare/SubstanceMisuse/YoungPeople/

Free, confidential advice and treatment service for young people experiencing problems or have general concerns about drugs and alcohol

Change For Children And Young People Team Tel: 01942 828844 8:30am to 4:30pm Monday to Friday. *Registering CAF enquiries, support and advice.*

Children in Need Duty Team Tel: 01942 828300 8.45am to 5pm Monday to Friday

Central Duty Team Tel: 01942 828777 8.45am to 8pm Monday to Friday / 8.45am to 1pm Saturday

Outside these hours in emergencies only phone 0161 834 2436

If you have any concerns about the safety of a child

Connexions : Tel: 0800 953 0109

For further information and opening times:

www.wigan.gov.uk/Services/AdviceBenefitsEmergencies/Advice/YoungPeople/Connexions.htm

Information and support on the range of options available for young people, including career choice, education, jobs, training and volunteering

Youth Service: Tel: 01942 486257

<http://www.wigan.gov.uk/Services/EducationLearning/Youth/>

Offers educational programmes in informal settings, where young people meet