

## Children & Young People's Services Youth Service - Outdoor Education Team



The Outdoor Education Team delivers a wide range of outdoor activities for young people of all abilities across the borough.

With an emphasis on building confidence, developing self esteem and self awareness, we provide opportunities that offer the chance to learn new skills, get qualifications and have fun.

We aim to work with young people to help them to achieve the five key outcomes from the Government's Every Child Matters Agenda.

This means that much of our work aims to help young people to:

- **Be healthy**
- **Stay safe**
- **Enjoy and achieve**
- **Make a positive contribution**
- **Achieve economic well being**

For further information on outdoor activities and the Duke of Edinburgh's Award contact the Outdoor Education Team on 01942 769812 or email [e.bradbury@wiganmbc.gov.uk](mailto:e.bradbury@wiganmbc.gov.uk)

**Kayaking**

**Rivers**

**Canoeing**

**Waterside Safety**



# Saturday Canoeing Club

Scotsmans Flash Water Activity Centre

# Paddle Your Own Canoe

The Saturday Canoeing Club project is for young people 11-21 who want to develop their kayaking or canoeing skills.

Beginners, who want to try canoeing or kayaking for the first time are also welcome.

Kayaking and canoeing are exciting activities that open up a new world to anyone who tries them. Sea canoeing, white water rivers or competitive paddling are just a few of the challenges waiting for those who learn the basic skills.

The club offers a friendly and safe learning environment following the British Canoe Union curriculum and awards system and as a beginner you will learn about:

- Paddling skills
- Equipment
- Safety
- First Aid
- Environment and access
- Group Awareness

The group meet every Saturday from March – October 1pm – 3:30pm with additional trips and visits over the winter months.

There is a charge of £3.00 for each session and opportunities to help us organise water festival events.

If you are interested or need more information Contact the Outdoor Education Team on 01942 769812 or email [e.bradbury@wiganmbc.gov.uk](mailto:e.bradbury@wiganmbc.gov.uk)

## Key Outcomes

### Be Healthy

Canoeing is a great activity for building up your basic fitness especially upper body strength and muscle toning.

### Stay Safe

Waterside safety is a thread that runs through the learning curriculum.

### Enjoy and Achieve

This project is a fantastic way to make new friends whilst learning new skills. Each year we have young people who come back to us with some going on to gain higher qualifications.

### Making a Positive Contribution

One of the opportunities for this group is to help the Outdoor Education Team run water festivals and our annual triathlon.

### Achieve Economic Well Being

A major target of this project is to help young people gain higher qualifications which in many cases lead to employment opportunities. Many of our instructors started off in this way.

