



Publish Your Own Recipe!!

Wigan Council & Recycle for Greater Manchester needs you!

Do you love cooking with left overs? Then prove it and share your own left overs recipe with everyone in Greater Manchester. Wigan Council is asking residents to upload their own recipe creations to show how they reduce their food waste.

The search is on to find food lovers in Wigan and Greater Manchester who encapsulate all that Love Food Hate Waste (LFHW) stands for. The competition is open to anyone, aged 16 and over who is passionate about food and gives it the respect it deserves. So if you have your very own left overs recipe, Recycle for Greater Manchester wants to hear from you.

The winning recipes will be collated into a Greater Manchester LFHW Cookbook. The recipes will be grouped by locality, so have you got **THE** recipe for Wigan Borough. Starters, mains, desserts and snacks are all welcome.

The competition is open now and runs until 23rd July 2010.

The winners will be presented with a LFHW goodie bag including, their very own copy of the Greater Manchester LFHW Cookbook. One overall winner, who has submitted the best recipe, will receive a free cookery lesson and meal for 2 at Ning, Malaysian Restaurant and Cookery School in central Manchester. They also have the opportunity to go to the Key 103 studios, receive a Key 103 goodie bag and meet DJ Sam Walker!

Make sure your friends and family take part. Share the link on your social networks; get your recipe onto your Facebook page. Look for recycle for Greater Manchester on Facebook and become a friend.

Find out more at

<http://www.recycleforgreatermanchester.com/my-LFHW-recipe>

