

Rise and Revive Menu

Products from the MetroFresh range will be available from the self serve fridges. In addition there will be a selection of hot snacks available from the dining room including:

Fresh toast (per slice)	20p
Beans on toast (per slice)	55p
Scrambled egg on toast (per slice)	55p
Cheese on toast (per slice)	55p
Hot potato cakes (whole)	60p
Hot potato cakes (half)	30p
Crumpet	30p
Bagel (whole)	70p
Bagel (half)	35p
Sausage barm	90p
Hot bacon rolls	90p
Bacon on toast (2 slice)	£1.00
Toasted tea cake	50p
A selection of hot toasties (half)	55p
A selection of hot toasties (full)	£1.00
Hash browns (each)	30p
Cheesy garlic mini bun	50p
Mini bun pizza	50p
Hot filled panini	£1.50
Half panini	80p
Freshly baked pizza slice	£1.00
Classic range boxed sandwich	£1.30
Executive range boxed sandwich	£1.55
A selection of speciality filled ciabbata, sub rolls, baguettes and wraps	£1.80
Half sub roll	85p
Non sugar coated cereals with semi skimmed milk	60p

Selection of hot and cold drinks

330ml bottled water Harrogate	40p
500ml bottled water Harrogate/Metro Fresh	55p
Aqua Juice 185ml	40p
Aqua Juice 330ml	65p
Aqua Juice 500ml	85p
Fair Trade pure juice carton 200ml	45p
Pure Juice carton 200ml	45p
Capri sun 200ml	65p
Rapidz juice 330ml	65p
Yazoo Flavoured milk 200ml	65p
Yazoo Flavoured milk 472ml	£1.00
Radnor Fruits 330ml	65p
Radnor Fruits 500ml	85p
Milk 250ml	45p
Suso can 330ml	80p
Tea/coffee	50p
Hot chocolate	60p
Fruit smoothie	90p
Slush Puppy	65p
Milk pint	70p
All other drinks available as priced.	



Metro Express

A selection of sandwiches, rolls, baguettes, wraps, salad pots and cold pasta pots.

Metro Delights

A selection of desserts, fresh fruit, fruit pots, yoghurt, assorted cakes, cookies and biscuits.

** subject to availability at selected MetroFresh dining rooms.*



MetroFresh
a fresh approach...

