

## **Mental Capacity Act 2005 Champions: Train the Trainer Course**

### **AIM**

To enable participants to deliver Mental Capacity Act (MCA) and Deprivation of Liberty Safeguards (DOLS) training to staff within their service area, which is consistent with MCA / DOLS training delivered by Wigan Council People Directorate.

### **OBJECTIVES**

By the end of the session participants will be able to:

- Identify the key aspects of the Mental Capacity Act and Deprivation of Liberty Safeguards that need to be included in the training they deliver
- Consider how they will use the materials provided to deliver MCA and DOLS training within their service area
- Describe the range of skills and abilities needed to run successful training sessions
- Explore a range of methods to deliver the training, considering the different learning styles of staff
- Identify potential barriers to delivering effective training sessions, and consider solutions to overcome these
- Explain how they will evaluate the effectiveness and impact of the training.

## PROGRAMME

9.30am	Welcome and introductions. Domestic / housekeeping arrangements. Ground rules. Aims and objectives of the session.
9.45am	Exercise to explore hopes and fears – have participants got any anxieties in relation to delivering MCA / DOLS training, and what do they hope to achieve from this session.
10.15am	Exercise to explore participants' views regarding the key aspects of the MCA and DOLS that need to be included in the training – what do they feel the staff they work with need to know about MCA and DOLS?
10.45am	Introduction to the prepared materials – modular approach to delivery of the training.
11.00am	BREAK
11.15am	Exercise to help participants to consider how they will use the range of training materials provided – session plans, handouts, Power Points, case studies and exercise sheets. Discussion regarding how these can be adapted to suit individual services, but emphasising the importance of the training being consistent across different service areas.
12.00md	Skills and abilities needed to run successful training sessions.
12.30pm	LUNCH
1.15pm	Learning styles and the need to consider these when planning and delivering training. Exercise to explore the range of training methods that can be used.
2.00pm	Exercise to explore potential barriers to delivering effective training and solutions to overcome these.
2.45pm	BREAK
3.00pm	Evaluation of training and use of the Workbook.
3.45pm	Opportunity for participants to ask any remaining questions regarding the delivery of MCA and DOLS training within their service areas.
4.15pm	Summary and conclusions.  Completion of evaluation forms.
4.30pm	Finish